**Supplemental File 1. Search Strategy**

PUBMED

((((((obesity[MeSH Terms]) OR obesity[Title/Abstract])) AND ((((nutrition\*[Title/Abstract]) OR nutrition\*[MeSH Terms])) OR ((diet\*[Title/Abstract]) OR diet\*[MeSH Terms])))) AND ((((cohort\* stud\*[MeSH Subheading]) OR cohort\* stud\*[Text Word])))

Filters: Publication date from 2010/01/01 to 2016/12/31; Humans

Results: 1492 (July 29th 2016)

MEDLINE

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|  | (obesity and (nutrition\* or diet\*)).mp. AND Cohort Studies/ or cohort\* stud\* .mp. Filters: humans and yr=”2010-Current”Results: 1105 (July 29th 2016)

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