**Supplementary material**

**Supplemental Table 1: Number of servings sizes, range, and median serving size of beverages within and across four countries**

a The number of different amounts (mL) that are used to define the serving size of the corresponding type of beverage

b The median of the most common serving size of the corresponding type of beverage

c The range of the amounts that are used to define the serving size of the corresponding type of beverage

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Individual pack size-drinks** | | | | **Bulk pack size-drinks** | | | |
|  | N= | # SERVES a | MEDIAN SERVING SIZE (mL) b | RANGE SERVING SIZE (mL) c | N= | # SERVES a | MEDIAN SERVING SIZE (mL) b | RANGE SERVING SIZE (mL) c |
| **SOFT-DRINKS** |  |  |  |  |  |  |  |  |
| All countries | 193 | 22 | 330 | 150-710 | 520 | 11 | 250 | 100-355 |
| Australia | 39 | 10 | 340 | 200-600 | 177 | 3 | 250 | 187-250 |
| Canada | 34 | 13 | 355 | 222-710 | 96 | 6 | 250 | 200-355 |
| The Netherlands | 96 | 7 | 250 | 150-500 | 142 | 4 | 250 | 150-280 |
| New Zealand | 24 | 4 | 415 | 200-600 | 105 | 4 | 250 | 100-330 |
|  |  |  |  |  |  |  |  |  |
| **FRUIT AND VEGETABLE JUICE** | | | | |  |  |  |  |
| All countries | 320 | 25 | 250 | 100-500 | 1156 | 16 | 250 | 100-311 |
| Australia | 184 | 15 | 250 | 125-500 | 380 | 9 | 200 | 100-250 |
| Canada | 28 | 7 | 250 | 162-414 | 468 | 10 | 250 | 100-311 |
| The Netherlands | 63 | 6 | 250 | 100-500 | 180 | 5 | 200 | 100-250 |
| New Zealand | 45 | 13 | 300 | 200-500 | 188 | 7 | 250 | 100-250 |
|  |  |  |  |  |  |  |  |  |
| **FRUIT FLAV DRINKS & ICE TEA** | | |  |  |  |  |  |  |
| All countries | 135 | 20 | 350 | 150-800 | 185 | 8 | 200 | 90-355 |
| Australia | 31 | 5 | 500 | 236-500 | 15 | 2 | 250 | 187-250 |
| Canada | 21 | 4 | 473 | 250-710 | 15 | 15 | 250 | 180-355 |
| The Netherlands | 50 | 10 | 330 | 150-568 | 145 | 3 | 200 | 150-250 |
| New Zealand | 33 | 9 | 460 | 250-800 | 10 | 3 | 250 | 90-250 |
|  |  |  |  |  |  |  |  |  |
| **ENERGY DRINKS** |  |  |  |  |  |  |  |  |
| All countries | 121 | 14 | 350 | 250-600 | 20 | 1 | 250 | - |
| Australia | 38 | 10 | 350 | 250-600 | 11 | 1 | 250 | - |
| Canada | 9 | 3 | 355 | 250-473 | 1 | 1 | 250 | - |
| The Netherlands | 30 | 6 | 250 | 250-568 | 1 | 1 | 250 | - |
| New Zealand | 44 | 11 | 487 | 250-568 | 7 | 1 | 250 | - |
|  |  |  |  |  |  |  |  |  |
| **SPORT DRINKS** |  |  |  |  |  |  |  |  |
| All countries | 71 | 13 | 500 | 118-1000 | - | - | - | - |
| Australia | 24 | 6 | 600 | 118-660 | - | - | - | - |
| Canada | 11 | 5 | 591 | 118-710 | - | - | - | - |
| The Netherlands | 17 | 3 | 500 | 250-500 | - | - | - | - |
| New Zealand | 19 | 4 | 750 | 568-1000 | - | - | - | - |
|  |  |  |  |  |  |  |  |  |
| **FLAVOURED WATER** | |  |  |  |  |  |  |  |
| All countries | 51 | 9 | 600 | 250-800 | 26 | 1 | 250 | - |
| Australia | 18 | 4 | 600 | 250-750 | 6 | 1 | 250 | - |
| Canada | 1 | 1 | 473 | - | 12 | 1 | 250 | - |
| The Netherlands | 13 | 3 | 250 | 250-500 | - | - | - | - |
| New Zealand | 19 | 4 | 750 | 400-800 | 8 | 1 | 250 | - |