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| **Table A.** Weighted odds ratios of explanatory variables to the trajectories of depressive symptoms in the elderly women by multinomial logistic regression (Reference group: Depressed) |
|  | Improved (n=136) |
| Variables at baseline (Ref) | OR | (95% CI) | *p*-VALUE |
| Age\* | 0.97  | (0.94-1.01)  | 0.10  |
| Education (Middle school or lower) | 1.25  | (0.47-3.30)  | 0.65  |
| Economic activity (Unemployed) | 1.31  | (0.77-2.22)  | 0.32  |
| Household income (Q1) | 1.04  | (0.85-1.28)  | 0.70  |
| Marital status (Single) | 0.94  | (0.61-1.43)  | 0.76  |
| Chronic disease (No) | 0.57  | (0.37-0.88)  | 0.01  |
| Pain (No) | 0.60  | (0.27-1.36)  | 0.22  |
| Social gathering (No) | 1.73  | (1.16-2.59)  | 0.01  |
| Reunions (No) | 1.62  | (0.52-5.04)  | 0.40  |
| SRH (Poor) | 1.38  | (0.96-1.97)  | 0.08  |
| Disability (No) | 0.32  | (0.12-0.84)  | 0.02  |
| QoL\* | 1.03  | (0.95-1.13)  | 0.46  |
| OR: Odds ratio, CI: Confidence interval, Ref: Reference group, SRH: Self-rated Health, QoL: Quality of Life\*Age and QoL were included as continuous variable |