**Supplementary data file 4 - Results for outcome domains with less than 10 articles**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Domain of outcome** | **Pressure ulcers** | **Infections** | **Restraints** | **Emergency department visits** |
| **Level of intervention** | **Person** | **Facility** | **Person** | **Facility** | **Person** | **Facility** | **Person** | **Facility** |
| **Number of articles** | **n=7** | **n=2** | **n=1** | **n=2** | **n=1** | **n=1** | **n=0** | **n=2** |
| **Description of intervention** |  |  |  |  |  |  |  |  |
| Mean frequency, days/week (range) | 5.3 (5-7) | not reported | 5(5-5) | not reported | 3(3-3) | not reported | -- | not reported |
|  *% articles not reporting* | 14.3 | 100 | 0 | 100 | 0 | 100 | - | 100 |
| Mean time per visit, minutes (range) | 43.5(4-120) | not reported | 50.0(50-50) | not reported | 30.0(30-30) | not reported | -- | not reported |
|  *% articles not reporting* | 42.9 | 100 | 0 | 100 | 0 | 100 | - | 100 |
| Mean length of intervention, weeks (range) | 14.7(2-32) | 52(52-52) | 32.0(32-32) | 52(52-52) | 9.0(9-9) | 104(104-104) | - - | 52(52-52) |
|  *% articles not reporting* | 14.3 | 50.0 | 0 | 50.0 | 0 | 0 | - | 50.0 |
| Type |  |  |  |  |  |  |  |  |
|  *Strength only* | - | 50.0 (1) | - | 50.0 (1) | - | - | - | - |
|  *Balance only* | - | - | - | - | - | - | - | - |
|  *Aerobic only* | - | - | - | - | - | - | - | - |
|  *Flexibility/Range of motion only* | - | - | - | - | - | - | - | - |
|  *Recreational activities only* | - | - | - | - | - | - | - | - |
|  *Walking/ambulation only* | - | - | - | - | - | - | - | - |
|  *Restorative care or rehabilitative nursing* | - | - | - | - | - | - | - | - |
|  *Passive modality – ultrasound, laser, etc.* | 57.1 (4) | - | - | - | - | - | - | - |
|  *Yoga, tai chi, dancing, Qigong, etc.* | - | - | - | - | - | - | - | - |
|  *Functional skills training* | 14.3 (1) | - | - | - | - | - | - | - |
|  *Multi-target exercise program,* *(≥2 of the above)* | 14.3 (1) | - | 100 (1) | - | 100 (1) | - | - | - |
|  *Individualized rehab program* | 14.3 (1) | 50.0 (1) | - | 50.0 (1) | - | - | - | - |
|  *Other* | - | - | - | - | - | 100 (1) | - | - |
|  *Unclear or not reported* | - | - | - | - | - | - | - | 100 (2) |
| Profession delivering  |  |  |  |  |  | - |  |  |
|  *Physical therapist* | 28.6 (2) | 50.0 (1) | - | 50.0 (1) | - | - | - | 50.0 (1) |
|  *Occupational therapist* | - | - | - | - | - | - | - | - |
|  *Nursing*  | - | 50.0 (1) | - | 50.0 (1) | - | - | - | 50.0 (1) |
|  *Recreation staff* | - | - | - | - | - | - | - | - |
|  *PTA or OTA only* | - | - | - | - | - | - | - | - |
|  *Fitness/yoga/tai chi instructor* | - | - | - | - | - | - | - | - |
|  *Exercise physiologist* | - | - | - | - | - | - | - | - |
|  *Interdisciplinary rehabilitation staff* | 14.3 (1) | - | - | - | - | 100 (1) | - | - |
|  *Kinesiologist* | - | - | - | - | - | - | - | - |
|  *Research staff* | 57.1 (4) | - | 100 (1) | - | 100 (1) | - | - | - |
|  *Other* | - | - | - | - | - | - | - | - |
|  *Unclear or not reported* | - | - | - | - | - | - | - |  |
| Format of delivery |  |  |  |  |  |  |  |  |
|  *Group only* | - | - | - | - | - | - | - | - |
|  *Individual only* | 71.4 (5) | 50.0 (1) |  | 50.0 (1) | - | 100 (1) | - | 50.0 (1) |
|  *Group and individual* | - | - | 100 (1) | - | - | - | - | - |
|  *Unclear or not reported* | 28.6 (2) | 50.0 (1) | - | 50.0 (1) | 100 (1) | - | - | 50.0 (1) |