**Supplementary Material 3: Results of the power calculation**

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| Because of the limited number of studies, a post-hoc power calculation was conducted to examine if we had taken a sufficient number of studies and sample sizes into consideration in order to identify relevant effects. These calculations indicated that the inclusion of 14 studies, with a mean sample size of 62 (31 participants per condition), assuming the low degree of heterogeneity found in the study, with a significance level alpha of 0.05, resulted in a statistical power of 0.84, in order to detect an effect size of -0.23. |