**Supplementary Material:** Evidence of causal effect of major depression on alcohol dependence: Findings from the Psychiatric Genomics Consortium.

Renato Polimanti**\*#**, Roseann E. Peterson**\***, Jue-Sheng Ong, Stuart MacGregor, Alexis C. Edwards, Toni-Kim Clarke, Josef Frank, Zachary Gerring, Nathan A. Gillespie, Penelope A. Lind, Hermine H. Maes, Nicholas G. Martin, Hamdi Mbarek, Sarah E. Medland, Fabian Streit, Major Depressive Disorder Working Group of the Psychiatric Genomics Consortium, Substance Use Disorder Working Group of the Psychiatric Genomics Consortium, 23andMe Research Team, Arpana Agrawal, Howard J. Edenberg, Kenneth S. Kendler, Cathryn M. Lewis, Patrick F. Sullivan, Naomi R. Wray, Joel Gelernter, Eske M. Derks.

**\***Joint first authors.

**#**Correspondence should be addressed to: Renato Polimanti, PhD.Yale University School of Medicine, Department of Psychiatry. E-mail: [renato.polimanti@yale.edu](mailto:renato.polimanti@yale.edu)

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# **Supplemental Tables**

## Supplemental Table S1: Listing of 28 Mendelian randomization methods and corresponding variant filtering applied.

|  |  |  |
| --- | --- | --- |
|  | Method | Variant Filtering |
| 1 | Egger fixed effects | steiger |
| 2 | Egger fixed effects | tophits |
| 3 | Egger random effects | steiger |
| 4 | Egger random effects | tophits |
| 5 | IVW fixed effects | steiger |
| 6 | IVW fixed effects | tophits |
| 7 | IVW random effects | steiger |
| 8 | IVW random effects | tophits |
| 9 | Penalised median | steiger |
| 10 | Penalised median | tophits |
| 11 | Rucker mean (JK) | steiger |
| 12 | Rucker mean (JK) | tophits |
| 13 | Rucker median (JK) | steiger |
| 14 | Rucker median (JK) | tophits |
| 15 | Rucker point estimate | steiger |
| 16 | Rucker point estimate | tophits |
| 17 | Simple median | steiger |
| 18 | Simple median | tophits |
| 19 | Simple mode | steiger |
| 20 | Simple mode | tophits |
| 21 | Simple mode (NOME) | steiger |
| 22 | Simple mode (NOME) | tophits |
| 23 | Weighted median | steiger |
| 24 | Weighted median | tophits |
| 25 | Weighted mode | steiger |
| 26 | Weighted mode | tophits |
| 27 | Weighted mode (NOME) | steiger |
| 28 | Weighted mode(NOME) | tophits |

Note: JK (jackknife); NOME (NO Measurement Error).

## 

## Supplemental Table S2: Results of the most significant MR approach for each of the MR tests conducted.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Test** | **Method** | **SNPs** | **Estimate** | **SE** | **CI\_low** | **CI\_upp** | **P** |
| 1. ACF→AD | Egger | 92 | -1.967 | 0.258 | -2.473 | -1.460 | 2.51E-11 |
| 2. ACF→MD | IVW | 96 | 0.031 | 0.013 | 0.006 | 0.056 | 0.016 |
| 3. ACFe-5→AD | Egger | 773 | -0.747 | 0.159 | -1.060 | -0.435 | 3.24E-06 |
| 4. ACFe-5→MD | IVW | 795 | 0.074 | 0.008 | 0.058 | 0.089 | 6.50E-20 |
| 5. ACQ→AD | IVW | 31 | 0.117 | 0.012 | 0.094 | 0.139 | 3.81E-11 |
| 6. ACQ→MD | IVW | 30 | 0.007 | 0.001 | 0.004 | 0.010 | 8.06E-05 |
| 7. ACQe-5→AD | IVW | 385 | 0.060 | 0.006 | 0.048 | 0.072 | 7.34E-20 |
| 8. ACQe-5→MD | IVW | 405 | 0.008 | 0.001 | 0.006 | 0.009 | 2.43E-17 |
| 9. ADe-5→ACF | Egger | 96 | -0.055 | 0.002 | -0.059 | -0.051 | 9.11E-48 |
| 10. ADe-5→ACQ | IVW | 95 | 0.262 | 0.013 | 0.237 | 0.288 | 3.26E-36 |
| 11. ADe-5→MD | IVW | 99 | 0.006 | 0.004 | -0.001 | 0.013 | 0.100 |
| 12. MDe-5→ACF | IVW | 252 | 0.024 | 0.004 | 0.016 | 0.032 | 1.27E-08 |
| 13. MDe-5→ACQ | IVW | 251 | 0.306 | 0.062 | 0.185 | 0.428 | 1.46E-06 |
| 14. MDe-5→ADe-5 | IVW | 259 | 0.280 | 0.056 | 0.169 | 0.390 | 1.29E-06 |
| 15. MD→ACF | IVW | 36 | 0.053 | 0.008 | 0.038 | 0.068 | 4.06E-08 |
| 16. MD→ACQ | Egger | 36 | -4.773 | 0.534 | -5.820 | -3.726 | 1.93E-10 |
| 17. MD→AD | Rucker median (JK) | 40 | 0.277 | 0.104 | 0.038 | 0.470 | 0.01 |

Note: IVW (inverse variance-weighted); JK (jackknife).

## 

## Supplemental Table S3: Heterogeneity tests conducted with respect to 14 MR tests surviving Bonferroni multiple testing correction.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Test | Maximum likelihood | | | MR Egger | | | IVW | | | Heterogeneity (P>0.05) |
| Q | df | P | Q | df | P | Q | df | P |
| ACF→AD | 152.4 | 91 | 5.87E-05 | 120.0 | 90 | 0.019 | 151.0 | 91 | 7.88E-05 | violated |
| ACFe-5→AD | 875.7 | 772 | 0.005 | 864.3 | 771 | 0.011 | 875.0 | 772 | 0.006 | violated |
| ACFe-5→MD | 1707.1 | 794 | 8.72E-69 | 1702.7 | 793 | 1.94E-68 | 1707.1 | 794 | 8.73E-69 | violated |
| ACQ→AD | 45.8 | 30 | 0.033 | 36.0 | 29 | 0.175 | 45.2 | 30 | 0.037 | violated |
| ACQ→MD | 102.1 | 29 | 4.48E-10 | 99.2 | 28 | 6.91E-10 | 98.8 | 29 | 1.53E-09 | violated |
| ACQE-5→AD | 433.7 | 384 | 0.040 | 425.8 | 383 | 0.065 | 435.3 | 384 | 0.036 | violated |
| ACQE-5→MD | 957.4 | 404 | 6.83E-47 | 943.5 | 403 | 2.46E-45 | 957.3 | 404 | 6.89E-47 | violated |
| ADe-5→ACF | 813.6 | 95 | 1.4E-114 | 797.1 | 94 | 7E-112 | 838.4 | 95 | 2.3E-119 | violated |
| ADe-5→ACQ | 628.3 | 94 | 5.91E-80 | 636.5 | 93 | 6.51E-82 | 643.3 | 94 | 9.62E-83 | violated |
| MD→ACF | 182.7 | 35 | 6.84E-22 | 184.0 | 34 | 1.67E-22 | 178.8 | 35 | 3.31E-21 | violated |
| MD→ACQ | 143.1 | 35 | 4.99E-15 | 126.1 | 34 | 1.63E-12 | 139.6 | 35 | 1.99E-14 | violated |
| MDe-5→ACF | 817.3 | 251 | 3.73E-61 | 813.9 | 250 | 6.62E-61 | 815.1 | 251 | 8.11E-61 | violated |
| MDe-5→ACQ | 625.1 | 250 | 4.68E-34 | 616.3 | 249 | 4.22E-33 | 623.2 | 250 | 8.28E-34 | violated |
| MDe-5→AD | 282.6 | 258 | 0.140 | 282.2 | 257 | 0.134 | 282.3 | 258 | 0.143 | pass |

Note: MR=Mendelian Randomization; Q=the weighted sum of squared differences between individual effects and the pooled effect across variants, with the weights being those used in the pooling method; IVW=inverse variance weighted method; df=degrees of freedom. A statistically significant Q test suggests the presence of heterogeneity due to pleiotropy or other causes.

## Supplemental Table S4: List of the variants included in the genetic instruments.

GWS: genetic variants with p < 5E-8; e-5: additional suggestive variants (p<1E-5).

|  |  |  |
| --- | --- | --- |
|  | GWS | e-5 |
| MD  GWS n=36  e-5 n=259 | rs12552;rs1432639;rs8025231;rs12129573;rs12958048;rs247910;rs6905391;rs61867293;rs915057;rs11135349;rs1806153;rs4904738;rs7430565;rs10149470;rs34215985;rs11682175;rs10959913;rs2005864;rs4869056;rs8063603;rs116755193;rs5758265;rs7856424;rs17727765;rs7198928;rs2389016;rs4261101;rs62099069;rs11663393;rs1354115;rs1226412;rs7200826;rs4143229;rs10950398;rs9402472;rs4074723;rs9427672;rs159963;rs11643192;rs56015757 | rs2102341;rs9869821;rs56887639;rs41278104;rs4526442;rs12202410;rs7649917;rs2267983;rs11674333;rs2332571;rs143099908;rs58235352;rs4242470;rs913930;rs2509805;rs77087420;rs7771570;rs12966052;rs9592461;rs7659414;rs73102900;rs141769277;rs574593;rs10131621;rs10913112;rs28567442;rs9355502;rs55993664;rs2237517;rs4660091;rs17229439;rs62188629;rs11140773;rs13112458;rs1518367;rs548886;rs326783;rs12440728;rs28684628;rs10895718;rs6471081;rs7017108;rs4870062;rs174594;rs75903747;rs2514218;rs618190;rs281279;rs13296641;rs71639293;rs13012596;rs79631004;rs1945095;rs1548461;rs7566887;rs7580862;rs6063085;rs142091199;rs3734537;rs7288411;rs2730146;rs75344947;rs17058066;rs7118275;rs13414769;rs1403175;rs1542919;rs11866581;rs191117454;rs12194348;rs9363467;rs6676085;rs3806843;rs4645169;rs12667890;rs7543975;rs2316896;rs73104582;rs115888694;rs4741037;rs2576241;rs12923444;rs10780141;rs13032969;rs2085224;rs113689582;rs9663959;rs386906;rs2412137;rs7558022;rs77115380;rs72652244;rs1965662;rs35445561;rs55977891;rs60101897;rs7130926;rs13213510;rs75801343;rs58141521;rs182589382;rs10818400;rs16851266;rs11718931;rs67253370;rs9541811;rs80315381;rs415551;rs12882789;rs75965579;rs372519;rs141729694;rs67436663;rs10193609;rs11649444;rs1484144;rs10164955;rs6549268;rs11697370;rs79146560;rs751;rs2956287;rs7084559;rs4799949;rs7318041;rs62450957;rs78459865;rs115452;rs7248751;rs11590808;rs12353994;rs117763335;rs8044997;rs74004011;rs117901488;rs7727592;rs4757899;rs1526565;rs6848655;rs16890282;rs17792983;rs11205624;rs451162;rs1551281;rs73080460;rs78732941;rs112754009;rs11060415;rs9939201;rs62568191;rs7144406;rs11867618;rs58671397;rs80054962;rs7805525;rs11749656;rs61915164;rs75712664;rs4550100;rs946121;rs72932364;rs62142905;rs2332700;rs4650228;rs272822;rs9825208;rs11945373;rs7808633;rs2906681;rs117466029;rs6058826;rs4417256;rs622726;rs6009347;rs1848322;rs188208805;rs12414918;rs35733856;rs7096162;rs7603111;rs7685163;rs142270618;rs9359139;rs4478545;rs10023969;rs114810615;rs7942337;rs12541504;rs62510219;rs3955150;rs2842586;rs58587963;rs7294775;rs17747401;rs55942359;rs111998295;rs9859955;rs150508916;rs12325768;rs16840705;rs57867301;rs12252016;rs73257781;rs12209889;rs7862197;rs12673908;rs59427701;rs6715781;rs8094639;rs72805045;rs62296782;rs1488400;rs11659932;rs6722247;rs11065340;rs16855545;rs74978286;rs11172371;rs12767338 |
| AD  e-5 n=96 | - | rs1229984;rs9571413;rs17028896;rs79171978;rs10789062;rs579837;rs111312143;rs1028427;rs13296886;rs77694582;rs8088633;rs147909804;rs2006682;rs870089;rs78323057;rs7240201;rs5768156;rs187025437;rs10191160;rs56328486;rs2970614;rs7823585;rs697958;rs4615888;rs1730735;rs28360848;rs2160261;rs2206569;rs73186506;rs143900286;rs7712550;rs1415133;rs2757859;rs10198090;rs4233;rs72768646;rs1375349;rs117677392;rs9566204;rs7591637;rs3849554;rs3853252;rs13384037;rs79229737;rs1875144;rs1838821;rs1409313;rs34407172;rs757488;rs114993002;rs13206208;rs56403843;rs12904039;rs77324299;rs2115417;rs968079;rs116020305;rs62459100;rs35979784;rs6935819;rs277827;rs7695188;rs11223625;rs59367695;rs12130986;rs138113771;rs117423246;rs77857549;rs1069713;rs72774745;rs7780507;rs75454767;rs12294621;rs115905625;rs117237067;rs7708547;rs2344350;rs7230303;rs4932479;rs17685204;rs6790555;rs11905918;rs117292932;rs116498276;rs34440275;rs7805762;rs1729435;rs80284955;rs2478836;rs9616088;rs17762082;rs58333289;rs62001835;rs419742;rs140551998;rs2211257;rs56287425;rs4673119;rs10209092 |
| ACF  GWS n=92  e-5 n=795 | rs1229984;rs1260326;rs11940694;rs2726036;rs187977087;rs1302808;rs1893659;rs58905411;rs35105141;rs13135092;rs11787216;rs9372625;rs2764740;rs33705;rs11039429;rs362307;rs838145;rs473098;rs11640961;rs62244890;rs9814516;rs113011189;rs138993217;rs1078345;rs62466318;rs748919;rs4726481;rs1788030;rs8614;rs12674337;rs461599;rs17486305;rs61873510;rs7330939;rs10188314;rs6567160;rs1421085;rs13102973;rs6030200;rs1228589;rs117799466;rs13390019;rs2717063;rs6962304;rs139816136;rs9349379;rs2159935;rs73050128;rs650558;rs9905730;rs9906502;rs2453875;rs11864886;rs118188698;rs13263946;rs11999622;rs79616692;rs2193098;rs4241258;rs4417025;rs12930744;rs1515591;rs4739105;rs13178443;rs2746025;rs4135294;rs72768626;rs2244598;rs262240;rs12153855;rs6949878;rs9923768;rs11700855;rs780569;rs6699175;rs62339673;rs72892910;rs489062;rs6750325;rs34092348;rs34473884;rs10165161;rs2111861;rs10510130;rs28622224;rs71651683;rs118134876;rs7143137;rs2450038;rs9403297;rs3809827 | rs4242715;rs13334375;rs773116;rs1666658;rs7514579;rs13020444;rs9829192;rs72946169;rs2333020;rs6977819;rs1727332;rs4822482;rs10454798;rs10029093;rs17662759;rs4982052;rs17698314;rs2525570;rs7948028;rs7253767;rs28787109;rs6497931;rs11072479;rs518425;rs1592676;rs186347;rs7206833;rs13152711;rs4800204;rs78621285;rs67174000;rs7305229;rs8030809;rs17411201;rs2280334;rs61907308;rs77082783;rs71658797;rs801733;rs920990;rs10278679;rs4883583;rs6810396;rs113569731;rs62477431;rs7970350;rs12139282;rs35073053;rs9959195;rs10893172;rs17185470;rs73168402;rs7919624;rs147913309;rs9649581;rs9313379;rs4877154;rs62135521;rs201438;rs2586462;rs10792669;rs2007761;rs56194430;rs7973103;rs1558426;rs17097556;rs76723380;rs4844948;rs4912532;rs28609675;rs13021035;rs13334065;rs34805485;rs59188188;rs205430;rs4908678;rs150338262;rs34494851;rs4822219;rs9607821;rs185799410;rs3857984;rs10274474;rs613872;rs322776;rs10741228;rs2256042;rs73543300;rs13024996;rs3802134;rs7298932;rs6079439;rs4103350;rs4729573;rs919740;rs12594415;rs17033014;rs146016966;rs2423617;rs7131312;rs11707909;rs550942;rs150620544;rs533143;rs6993770;rs9564398;rs34132475;rs35277691;rs138014720;rs2055581;rs576811;rs74424378;rs565078;rs113695602;rs1605676;rs55834548;rs62032512;rs803223;rs74679146;rs80101850;rs11886864;rs12203592;rs10860227;rs116899184;rs6129084;rs34811474;rs4757589;rs74439139;rs147212529;rs4412427;rs62037863;rs76225816;rs874296;rs9690021;rs17127898;rs2238660;rs2274794;rs2387577;rs28657372;rs4749973;rs6876760;rs7566798;rs8049649;rs11176488;rs113929582;rs11737516;rs11932400;rs13139006;rs68024891;rs8021044;rs194847;rs878650;rs10819272;rs12339878;rs12428363;rs531385;rs7599739;rs911475;rs997467;rs10516441;rs10881995;rs12620112;rs1730142;rs55950970;rs6892188;rs9925015;rs10846422;rs184890270;rs6427160;rs10064927;rs10812220;rs113902570;rs11646721;rs117513075;rs117386364;rs1862205;rs2321871;rs4728701;rs67822265;rs1453027;rs1133822;rs145898511;rs17762018;rs1957891;rs75426915;rs7873013;rs9818981;rs77056814;rs12436192;rs12657131;rs116538582;rs7527242;rs10281159;rs61781392;rs2305656;rs72610002;rs13413257;rs1363119;rs4289073;rs4734113;rs10848575;rs168866;rs9806536;rs1905239;rs35205260;rs76376012;rs77371894;rs10259230;rs11060461;rs149726000;rs7932314;rs8105087;rs9295295;rs11548200;rs142151294;rs565522;rs62271373;rs62576216;rs7197830;rs13096270;rs191050839;rs2608842;rs4798996;rs1158620;rs17214836;rs17648701;rs62149419;rs10830706;rs13354106;rs56328909;rs8133767;rs11070032;rs188810925;rs35505101;rs741300;rs1540687;rs35485971;rs11127264;rs1541456;rs718765;rs72664387;rs78225463;rs825586;rs13248791;rs72633596;rs28847576;rs4742659;rs10616;rs12192387;rs1286254;rs183848312;rs140894866;rs75743445;rs5770872;rs12640626;rs189869162;rs13021454;rs61825452;rs1762777;rs1022666;rs112819214;rs76201730;rs2618615;rs4491284;rs59762781;rs75973672;rs16977123;rs2244460;rs72711443;rs7780801;rs9394656;rs10847019;rs12576516;rs2286975;rs11030578;rs75336816;rs1083337;rs11705838;rs11750012;rs190661793;rs1835366;rs10010043;rs10777337;rs10796098;rs60127739;rs8176510;rs9880967;rs1766167;rs1999124;rs9586550;rs10860862;rs10876200;rs6534293;rs9611883;rs149204679;rs6102221;rs1004478;rs8049975;rs12619698;rs140030075;rs2224873;rs112782399;rs117198910;rs1668145;rs36058267;rs75911910;rs117933573;rs10190125;rs17577546;rs12786237;rs62177355;rs76358731;rs11609860;rs11712750;rs139604081;rs62439319;rs295018;rs34880628;rs10189857;rs2844333;rs28828150;rs72696774;rs74601167;rs985553;rs12337009;rs34853711;rs77518705;rs9564692;rs6864478;rs8015745;rs9544000;rs10787760;rs112972431;rs117274283;rs16835292;rs956752;rs1401955;rs16966646;rs142965466;rs2283460;rs73277969;rs3024629;rs35010655;rs3922824;rs45504492;rs78685194;rs10032667;rs73187733;rs1784862;rs56186469;rs13170975;rs1431558;rs13111060;rs2309241;rs2944776;rs4884859;rs71494763;rs117117913;rs12121490;rs1870998;rs2410001;rs2852045;rs34737940;rs71565748;rs76793233;rs10937101;rs11173335;rs112635299;rs1174687;rs12245197;rs13120213;rs17310025;rs34896720;rs4801850;rs4812700;rs56228311;rs62182135;rs76749787;rs78509406;rs846012;rs10184004;rs10507758;rs10773974;rs10793986;rs11768020;rs11790082;rs13169322;rs2276966;rs35820211;rs4092465;rs62019905;rs6853599;rs7311803;rs7592564;rs79203683;rs35886351;rs36053727;rs62159870;rs6723854;rs7158551;rs7444051;rs7875010;rs11662970;rs11688135;rs13146322;rs141261452;rs145334515;rs1483796;rs153060;rs1981098;rs28409011;rs59927996;rs61499730;rs7561278;rs7594388;rs76183880;rs76354419;rs957523;rs11673889;rs139931532;rs141976463;rs145806557;rs150565883;rs17018664;rs17034081;rs2307273;rs34135807;rs4851300;rs73073894;rs7357754;rs75168584;rs867987;rs1202288;rs12127199;rs17088197;rs2074388;rs35120418;rs4812492;rs6937144;rs7511006;rs76907224;rs7731540;rs9819832;rs11993084;rs12453682;rs13307443;rs144364889;rs149048491;rs1793811;rs2322834;rs4936644;rs60745358;rs60791078;rs74498418;rs7862119;rs111694597;rs11741952;rs12718064;rs1393065;rs1585524;rs1891196;rs356465;rs55905351;rs76825908;rs114546625;rs116212148;rs12194193;rs1966859;rs2971016;rs4732788;rs57057505;rs7332134;rs7789946;rs11106114;rs1119248;rs11589269;rs117555837;rs13020754;rs16981755;rs34480849;rs347675;rs4236892;rs4772811;rs72896573;rs766476;rs78672418;rs9949235;rs11221547;rs117034637;rs12466127;rs17716086;rs2914860;rs35005836;rs366684;rs3845865;rs58740162;rs6485475;rs1001939;rs10460192;rs116581473;rs117123482;rs13147207;rs314961;rs4760029;rs6919440;rs9343;rs10739773;rs117588436;rs12703359;rs17397728;rs28733079;rs389877;rs6013500;rs74615678;rs8107051;rs9546474;rs10245705;rs11688502;rs16991213;rs17049738;rs17083734;rs28693968;rs73088494;rs74531417;rs75229149;rs112779396;rs11674460;rs11775949;rs11805391;rs11971487;rs12145004;rs12250380;rs2660824;rs4744264;rs6480771;rs76749014;rs116896093;rs2862996;rs3101409;rs34650286;rs62535504;rs72886368;rs76050430;rs7616192;rs78903711;rs12491347;rs147839860;rs181817998;rs2399023;rs35031736;rs35438744;rs61908948;rs948656;rs9611007;rs113439251;rs12622374;rs1475259;rs61784580;rs67142644;rs7038598;rs113209907;rs138567114;rs145028172;rs146768419;rs4833353;rs12283755;rs12449895;rs13007283;rs13398888;rs2585593;rs2854045;rs31082;rs34416524;rs62130412;rs62135171;rs634985;rs9845894;rs10795036;rs10936697;rs12711964;rs13433863;rs1476161;rs35464261;rs648044;rs8060733;rs118062442;rs141711348;rs2498034;rs2586895;rs4702635;rs62055084;rs76052955;rs879854;rs9519183;rs1416160;rs2253023;rs2357023;rs41270859;rs7225157;rs9345501;rs1469883;rs1809931;rs181308633;rs1851911;rs191251423;rs2830420;rs56368241;rs57688343;rs12167058;rs145250558;rs4533324;rs4546951;rs56319762;rs6436165;rs71193760;rs75311157;rs953120;rs1845295;rs2126642;rs2683206;rs71463381;rs117543392;rs2604321;rs4973430;rs56270168;rs60654199;rs6517139;rs7619783;rs9872904;rs11782346;rs13166413;rs17058952;rs8061067;rs11671255;rs2880768;rs45527334;rs6733138;rs67864638;rs77189738;rs10148864;rs10253794;rs11889901;rs34351747;rs72705581;rs112401820;rs185695806;rs76361844;rs35288079;rs560650;rs59247870;rs6837215;rs7374149;rs78848836;rs112214303;rs12985737;rs217536;rs2206751;rs2381641;rs2876453;rs4446382;rs7834078;rs7950166;rs9357723;rs9784763;rs9940216;rs117384726;rs17430740;rs4718887;rs61278557;rs66994942;rs12054057;rs144230577;rs1521754;rs1906675;rs35868739;rs6884797;rs6961762;rs72687577;rs138034490;rs2107969;rs28412070;rs547667;rs7000542;rs716064;rs72945224;rs7659104;rs849402;rs10990975;rs1347872;rs16853589;rs77149260;rs10254599;rs10742057;rs115695800;rs117286906;rs16882459;rs1808366;rs1887771;rs2837984;rs35486269;rs35574173;rs56186782;rs606151;rs6859485 |
| ACQ  GWS n=31  e-5 n=405 | rs1229984;rs28712821;rs1260326;rs13107325;rs1302808;rs11604680;rs528301;rs4309187;rs109536;rs7688435;rs11030084;rs13066050;rs17884691;rs6690101;rs62135525;rs2424645;rs61873510;rs7908206;rs34908430;rs13413953;rs56094641;rs2117760;rs4743012;rs190963713;rs9822731;rs4938236;rs59129513;rs11180333;rs1596178;rs858518 | rs9517948;rs3756291;rs117917416;rs2413941;rs884300;rs7928223;rs11640031;rs12124523;rs28450941;rs17747233;rs751527;rs974883;rs7831595;rs7080385;rs11860773;rs2533273;rs28929474;rs2789517;rs3811038;rs7132908;rs2201246;rs2756186;rs4759272;rs2111223;rs34060476;rs7119188;rs35529543;rs4480324;rs56073641;rs114328297;rs1921059;rs158609;rs12714026;rs10960629;rs76771389;rs7539883;rs4696055;rs818014;rs828867;rs174568;rs5757905;rs13167181;rs1380358;rs11678525;rs1266182;rs314743;rs12955111;rs529563;rs113443718;rs4582621;rs62312644;rs7009797;rs5026696;rs28450747;rs3829229;rs6944446;rs7871715;rs12786124;rs1819341;rs368565;rs75772932;rs112709686;rs12337051;rs12692050;rs13361473;rs2107903;rs2882321;rs6722461;rs7144180;rs4756104;rs6683303;rs77123275;rs147711594;rs72811598;rs10975579;rs61776651;rs2567387;rs750396;rs12141953;rs4899268;rs7631586;rs9607812;rs10822145;rs11112972;rs7830638;rs140859990;rs17780429;rs2632526;rs440619;rs79652094;rs62333032;rs7483281;rs75265557;rs79227398;rs113942174;rs2068650;rs78423589;rs113239280;rs245568;rs6562616;rs739625;rs12532031;rs3741212;rs2199841;rs73922180;rs925974;rs11634907;rs17177078;rs72960115;rs9947816;rs10123172;rs77535478;rs1055129;rs11917151;rs10151802;rs7087041;rs79006794;rs7654978;rs13035558;rs147865473;rs1910091;rs4671383;rs79346805;rs11589105;rs13207840;rs291550;rs3905155;rs13098920;rs391957;rs1862054;rs78322172;rs10742977;rs113121679;rs11580207;rs2048121;rs2955256;rs4719223;rs11605042;rs7190081;rs7080200;rs7630012;rs2627088;rs2145596;rs1543442;rs8074036;rs1492791;rs2624562;rs55932213;rs111880612;rs147465378;rs3906093;rs9469907;rs141719031;rs11683493;rs143978198;rs112480981;rs11739041;rs273628;rs11648249;rs61999908;rs77178067;rs2195580;rs2214540;rs2013212;rs67486429;rs12413410;rs13296299;rs6943920;rs80137311;rs10903967;rs13357015;rs1884326;rs1528350;rs2274793;rs59824845;rs7557477;rs76045244;rs429150;rs150575801;rs3112887;rs35572189;rs35753830;rs72729664;rs72910144;rs10421783;rs11054854;rs1834373;rs1873341;rs2735313;rs4630770;rs116276044;rs139855233;rs140430387;rs148754536;rs2017500;rs2311435;rs1230163;rs2554671;rs6086808;rs9349379;rs138864321;rs45536631;rs72648451;rs76829797;rs7700874;rs10798945;rs223496;rs2278464;rs2621288;rs273116;rs72752040;rs7553325;rs7687139;rs846012;rs9403215;rs9533742;rs139716206;rs2227827;rs60816887;rs6136465;rs75393236;rs79949859;rs9904617;rs9972882;rs1536260;rs2798221;rs59286975;rs6949073;rs12123775;rs1409767;rs17552417;rs57229705;rs75564661;rs7668470;rs113672126;rs1284442;rs2406231;rs75907151;rs9881842;rs12968939;rs469999;rs55881639;rs73102047;rs7540635;rs10226149;rs10786218;rs12534200;rs139854039;rs2045386;rs72833896;rs117237359;rs12693975;rs633314;rs7659621;rs7710699;rs80105397;rs9379850;rs11590627;rs117590151;rs2327440;rs727879;rs12470839;rs17484355;rs56275045;rs55750330;rs7307912;rs117324897;rs142500578;rs10474277;rs143431269;rs9826014;rs117597649;rs12273687;rs1589977;rs1592269;rs2834081;rs4426170;rs58790004;rs6668225;rs7656565;rs10188267;rs111307142;rs1423903;rs284933;rs4140445;rs74488554;rs9309394;rs1467664;rs2545799;rs451276;rs4834397;rs6754723;rs73859938;rs17062232;rs2383378;rs6721107;rs67348902;rs7338687;rs2717789;rs34346764;rs35206901;rs116906779;rs16990831;rs17153120;rs17574146;rs3823057;rs79734662;rs9891699;rs2278342;rs231333;rs2749418;rs6953992;rs117984133;rs17223037;rs17268607;rs7219016;rs10008793;rs117032571;rs572591;rs71600496;rs9311399;rs13138252;rs140070614;rs3876032;rs4631807;rs7026534;rs827102;rs965013;rs117733513;rs11859542;rs12026735;rs1958604;rs3093310;rs74537816;rs10264306;rs12449282;rs17607000;rs72710779;rs113958283;rs117512186;rs13235943;rs204402;rs2439272;rs34319416;rs67008508;rs74650977;rs1329195;rs6720452;rs1199575;rs1211507;rs12378980;rs3914188;rs10413482;rs10761602;rs117572024;rs4726915;rs115226268;rs1377549;rs17225380;rs7544083;rs7816871;rs12317467;rs12673790;rs139850812;rs143166223;rs2163336;rs2851485;rs74514433;rs76443550;rs1335788;rs1948833;rs4897289;rs150722160;rs16839634;rs61960513 |

## Supplemental Table S5: Results from 28 MR methods for the 17 causal models tested.

### S5.1: ACF→AD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 92 | -1.967 | 0.258 | -2.473 | -1.460 | 2.51E-11 |
| 2 | Egger fixed effects - tophits | 92 | -1.967 | 0.258 | -2.473 | -1.460 | 2.51E-11 |
| 3 | Egger random effects - steiger | 92 | -1.967 | 0.344 | -2.641 | -1.292 | 1.42E-07 |
| 4 | Egger random effects - tophits | 92 | -1.967 | 0.344 | -2.641 | -1.292 | 1.42E-07 |
| 5 | IVW fixed effects - steiger | 92 | -0.398 | 0.091 | -0.576 | -0.221 | 2.96E-05 |
| 6 | IVW fixed effects - tophits | 92 | -0.398 | 0.091 | -0.576 | -0.221 | 2.96E-05 |
| 7 | IVW random effects - steiger | 92 | -0.398 | 0.152 | -0.696 | -0.100 | 0.010 |
| 8 | IVW random effects - tophits | 92 | -0.398 | 0.152 | -0.696 | -0.100 | 0.010 |
| 9 | Penalised median - steiger | 92 | -0.119 | 0.195 | -0.502 | 0.263 | 0.541 |
| 10 | Penalised median - tophits | 92 | -0.119 | 0.205 | -0.520 | 0.282 | 0.560 |
| 11 | Rucker mean (JK) - steiger | 92 | -1.448 | 0.985 | 0.482 | -3.379 | 0.145 |
| 12 | Rucker mean (JK) - tophits | 92 | -1.502 | 0.965 | 0.389 | -3.393 | 0.123 |
| 13 | Rucker median (JK) - steiger | 92 | -1.902 | 0.752 | -2.635 | 0.056 | 0.013 |
| 14 | Rucker median (JK) - tophits | 92 | -1.932 | 0.698 | -2.603 | 0.059 | 0.007 |
| 15 | Rucker point estimate - steiger | 92 | -1.967 | 0.344 | -2.641 | -1.292 | 1.42E-07 |
| 16 | Rucker point estimate - tophits | 92 | -1.967 | 0.344 | -2.641 | -1.292 | 1.42E-07 |
| 17 | Simple median - steiger | 92 | -0.051 | 0.187 | -0.417 | 0.315 | 0.784 |
| 18 | Simple median - tophits | 92 | -0.051 | 0.186 | -0.417 | 0.314 | 0.783 |
| 19 | Simple mode - steiger | 92 | -0.153 | 0.533 | -1.198 | 0.892 | 0.774 |
| 20 | Simple mode - tophits | 92 | -0.153 | 0.480 | -1.093 | 0.787 | 0.750 |
| 21 | Simple mode (NOME) - steiger | 92 | -0.153 | 0.479 | -1.092 | 0.785 | 0.749 |
| 22 | Simple mode (NOME) - tophits | 92 | -0.153 | 0.543 | -1.218 | 0.911 | 0.778 |
| 23 | Weighted median - steiger | 92 | -0.199 | 0.202 | -0.595 | 0.197 | 0.324 |
| 24 | Weighted median - tophits | 92 | -0.199 | 0.195 | -0.582 | 0.183 | 0.307 |
| 25 | Weighted mode - steiger | 92 | -0.242 | 0.410 | -1.046 | 0.562 | 0.557 |
| 26 | Weighted mode - tophits | 92 | -0.242 | 0.402 | -1.031 | 0.547 | 0.549 |
| 27 | Weighted mode (NOME) - steiger | 92 | -0.242 | 0.423 | -1.070 | 0.586 | 0.568 |
| 28 | Weighted mode (NOME) - tophits | 92 | -0.242 | 0.398 | -1.022 | 0.538 | 0.545 |

### S5.2: ACF→MD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 96 | -0.004 | 0.029 | -0.060 | 0.052 | 0.879 |
| 2 | Egger fixed effects - tophits | 96 | -0.004 | 0.029 | -0.060 | 0.052 | 0.879 |
| 3 | Egger random effects - steiger | 96 | -0.004 | 0.094 | -0.190 | 0.181 | 0.963 |
| 4 | Egger random effects - tophits | 96 | -0.004 | 0.094 | -0.190 | 0.181 | 0.963 |
| 5 | IVW fixed effects - steiger | 96 | 0.031 | 0.013 | 0.006 | 0.056 | 0.016 |
| 6 | IVW fixed effects - tophits | 96 | 0.031 | 0.013 | 0.006 | 0.056 | 0.016 |
| 7 | IVW random effects - steiger | 96 | 0.031 | 0.042 | -0.050 | 0.113 | 0.455 |
| 8 | IVW random effects - tophits | 96 | 0.031 | 0.042 | -0.050 | 0.113 | 0.455 |
| 9 | Penalised median - steiger | 96 | -0.007 | 0.048 | -0.102 | 0.088 | 0.883 |
| 10 | Penalised median - tophits | 96 | -0.007 | 0.045 | -0.096 | 0.081 | 0.875 |
| 11 | Rucker mean (JK) - steiger | 96 | 0.020 | 0.079 | 0.174 | -0.135 | 0.802 |
| 12 | Rucker mean (JK) - tophits | 96 | 0.018 | 0.077 | 0.170 | -0.134 | 0.816 |
| 13 | Rucker median (JK) - steiger | 96 | 0.018 | 0.046 | -0.148 | 0.199 | 0.697 |
| 14 | Rucker median (JK) - tophits | 96 | 0.019 | 0.045 | -0.153 | 0.178 | 0.682 |
| 15 | Rucker point estimate - steiger | 96 | 0.031 | 0.042 | -0.050 | 0.113 | 0.455 |
| 16 | Rucker point estimate - tophits | 96 | 0.031 | 0.042 | -0.050 | 0.113 | 0.455 |
| 17 | Simple median - steiger | 96 | 0.080 | 0.044 | -0.006 | 0.166 | 0.070 |
| 18 | Simple median - tophits | 96 | 0.080 | 0.043 | -0.005 | 0.164 | 0.064 |
| 19 | Simple mode - steiger | 96 | 0.092 | 0.095 | -0.094 | 0.279 | 0.333 |
| 20 | Simple mode - tophits | 96 | 0.092 | 0.096 | -0.096 | 0.281 | 0.338 |
| 21 | Simple mode (NOME) - steiger | 96 | 0.092 | 0.092 | -0.089 | 0.274 | 0.320 |
| 22 | Simple mode (NOME) - tophits | 96 | 0.092 | 0.098 | -0.100 | 0.285 | 0.350 |
| 23 | Weighted median - steiger | 96 | -0.007 | 0.046 | -0.097 | 0.084 | 0.883 |
| 24 | Weighted median - tophits | 96 | -0.007 | 0.046 | -0.097 | 0.083 | 0.882 |
| 25 | Weighted mode - steiger | 96 | -0.004 | 0.045 | -0.092 | 0.084 | 0.927 |
| 26 | Weighted mode - tophits | 96 | -0.004 | 0.044 | -0.091 | 0.083 | 0.926 |
| 27 | Weighted mode (NOME) - steiger | 96 | -0.004 | 0.044 | -0.090 | 0.082 | 0.925 |
| 28 | Weighted mode (NOME) - tophits | 96 | -0.004 | 0.048 | -0.098 | 0.090 | 0.932 |

### S5.3: ACFe-5→AD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 773 | -0.747 | 0.159 | -1.060 | -0.435 | 3.24E-06 |
| 2 | Egger fixed effects - tophits | 773 | -0.747 | 0.159 | -1.060 | -0.435 | 3.24E-06 |
| 3 | Egger random effects - steiger | 773 | -0.747 | 0.179 | -1.098 | -0.397 | 3.21E-05 |
| 4 | Egger random effects - tophits | 773 | -0.747 | 0.179 | -1.098 | -0.397 | 3.21E-05 |
| 5 | IVW fixed effects - steiger | 773 | -0.202 | 0.054 | -0.308 | -0.096 | 1.92E-04 |
| 6 | IVW fixed effects - tophits | 773 | -0.202 | 0.054 | -0.308 | -0.096 | 1.92E-04 |
| 7 | IVW random effects - steiger | 773 | -0.202 | 0.061 | -0.322 | -0.082 | 0.001 |
| 8 | IVW random effects - tophits | 773 | -0.202 | 0.061 | -0.322 | -0.082 | 0.001 |
| 9 | Penalised median - steiger | 773 | -0.117 | 0.094 | -0.302 | 0.068 | 0.214 |
| 10 | Penalised median - tophits | 773 | -0.117 | 0.093 | -0.299 | 0.065 | 0.207 |
| 11 | Rucker mean (JK) - steiger | 773 | -0.611 | 0.462 | 0.295 | -1.517 | 0.187 |
| 12 | Rucker mean (JK) - tophits | 773 | -0.602 | 0.455 | 0.290 | -1.494 | 0.186 |
| 13 | Rucker median (JK) - steiger | 773 | -0.643 | 0.671 | -1.509 | -0.043 | 0.339 |
| 14 | Rucker median (JK) - tophits | 773 | -0.619 | 0.656 | -1.475 | -0.048 | 0.346 |
| 15 | Rucker point estimate - steiger | 773 | -0.747 | 0.179 | -1.098 | -0.397 | 3.21E-05 |
| 16 | Rucker point estimate - tophits | 773 | -0.747 | 0.179 | -1.098 | -0.397 | 3.21E-05 |
| 17 | Simple median - steiger | 773 | -0.128 | 0.091 | -0.308 | 0.051 | 0.160 |
| 18 | Simple median - tophits | 773 | -0.128 | 0.089 | -0.304 | 0.047 | 0.151 |
| 19 | Simple mode - steiger | 773 | -0.069 | 0.362 | -0.778 | 0.640 | 0.848 |
| 20 | Simple mode - tophits | 773 | -0.069 | 0.361 | -0.776 | 0.638 | 0.848 |
| 21 | Simple mode (NOME) - steiger | 773 | -0.069 | 0.368 | -0.790 | 0.651 | 0.850 |
| 22 | Simple mode (NOME) - tophits | 773 | -0.069 | 0.376 | -0.805 | 0.667 | 0.854 |
| 23 | Weighted median - steiger | 773 | -0.144 | 0.096 | -0.332 | 0.044 | 0.133 |
| 24 | Weighted median - tophits | 773 | -0.144 | 0.095 | -0.330 | 0.042 | 0.128 |
| 25 | Weighted mode - steiger | 773 | -0.032 | 0.276 | -0.572 | 0.509 | 0.909 |
| 26 | Weighted mode - tophits | 773 | -0.032 | 0.249 | -0.520 | 0.457 | 0.899 |
| 27 | Weighted mode (NOME) - steiger | 773 | -0.032 | 0.294 | -0.608 | 0.545 | 0.915 |
| 28 | Weighted mode (NOME) - tophits | 773 | -0.032 | 0.273 | -0.567 | 0.504 | 0.908 |

### S5.4: ACFe-5→MD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 795 | -0.001 | 0.021 | -0.042 | 0.041 | 0.980 |
| 2 | Egger fixed effects - tophits | 795 | -0.001 | 0.021 | -0.042 | 0.041 | 0.980 |
| 3 | Egger random effects - steiger | 795 | -0.001 | 0.046 | -0.090 | 0.089 | 0.991 |
| 4 | Egger random effects - tophits | 795 | -0.001 | 0.046 | -0.090 | 0.089 | 0.991 |
| 5 | IVW fixed effects - steiger | 795 | 0.074 | 0.008 | 0.058 | 0.089 | 6.50E-20 |
| 6 | IVW fixed effects - tophits | 795 | 0.074 | 0.008 | 0.058 | 0.089 | 6.50E-20 |
| 7 | IVW random effects - steiger | 795 | 0.074 | 0.017 | 0.041 | 0.107 | 1.48E-05 |
| 8 | IVW random effects - tophits | 795 | 0.074 | 0.017 | 0.041 | 0.107 | 1.48E-05 |
| 9 | Penalised median - steiger | 795 | 0.055 | 0.021 | 0.014 | 0.097 | 0.009 |
| 10 | Penalised median - tophits | 795 | 0.055 | 0.022 | 0.013 | 0.098 | 0.011 |
| 11 | Rucker mean (JK) - steiger | 795 | 0.010 | 0.052 | 0.112 | -0.093 | 0.851 |
| 12 | Rucker mean (JK) - tophits | 795 | 0.008 | 0.053 | 0.111 | -0.096 | 0.885 |
| 13 | Rucker median (JK) - steiger | 795 | 4.51E-04 | 0.059 | -0.089 | 0.098 | 0.994 |
| 14 | Rucker median (JK) - tophits | 795 | -0.002 | 0.057 | -0.088 | 0.097 | 0.966 |
| 15 | Rucker point estimate - steiger | 795 | -0.001 | 0.046 | -0.090 | 0.089 | 0.991 |
| 16 | Rucker point estimate - tophits | 795 | -0.001 | 0.046 | -0.090 | 0.089 | 0.991 |
| 17 | Simple median - steiger | 795 | 0.077 | 0.019 | 0.039 | 0.115 | 6.41E-05 |
| 18 | Simple median - tophits | 795 | 0.077 | 0.018 | 0.041 | 0.113 | 2.80E-05 |
| 19 | Simple mode - steiger | 795 | 0.076 | 0.082 | -0.084 | 0.236 | 0.353 |
| 20 | Simple mode - tophits | 795 | 0.076 | 0.083 | -0.088 | 0.239 | 0.364 |
| 21 | Simple mode (NOME) - steiger | 795 | 0.076 | 0.085 | -0.091 | 0.242 | 0.373 |
| 22 | Simple mode (NOME) - tophits | 795 | 0.076 | 0.079 | -0.078 | 0.230 | 0.336 |
| 23 | Weighted median - steiger | 795 | 0.055 | 0.021 | 0.014 | 0.097 | 0.009 |
| 24 | Weighted median - tophits | 795 | 0.055 | 0.021 | 0.013 | 0.097 | 0.010 |
| 25 | Weighted mode - steiger | 795 | 0.030 | 0.045 | -0.059 | 0.120 | 0.503 |
| 26 | Weighted mode - tophits | 795 | 0.030 | 0.042 | -0.052 | 0.112 | 0.467 |
| 27 | Weighted mode (NOME) - steiger | 795 | 0.046 | 0.044 | -0.040 | 0.132 | 0.299 |
| 28 | Weighted mode (NOME) - tophits | 795 | 0.046 | 0.044 | -0.041 | 0.132 | 0.301 |

### S5.5: ACQ→AD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 31 | 0.196 | 0.025 | 0.146 | 0.245 | 1.50E-08 |
| 2 | Egger fixed effects - tophits | 31 | 0.196 | 0.025 | 0.146 | 0.245 | 1.50E-08 |
| 3 | Egger random effects - steiger | 31 | 0.196 | 0.031 | 0.134 | 0.257 | 7.97E-07 |
| 4 | Egger random effects - tophits | 31 | 0.196 | 0.031 | 0.134 | 0.257 | 7.97E-07 |
| 5 | IVW fixed effects - steiger | 31 | 0.117 | 0.012 | 0.094 | 0.139 | 3.81E-11 |
| 6 | IVW fixed effects - tophits | 31 | 0.117 | 0.012 | 0.094 | 0.139 | 3.81E-11 |
| 7 | IVW random effects - steiger | 31 | 0.117 | 0.018 | 0.081 | 0.152 | 3.79E-07 |
| 8 | IVW random effects - tophits | 31 | 0.117 | 0.018 | 0.081 | 0.152 | 3.79E-07 |
| 9 | Penalised median - steiger | 31 | 0.085 | 0.024 | 0.038 | 0.133 | 4.53E-04 |
| 10 | Penalised median - tophits | 31 | 0.085 | 0.024 | 0.037 | 0.133 | 4.83E-04 |
| 11 | Rucker mean (JK) - steiger | 31 | 0.148 | 0.058 | 0.262 | 0.035 | 0.016 |
| 12 | Rucker mean (JK) - tophits | 31 | 0.149 | 0.058 | 0.263 | 0.034 | 0.016 |
| 13 | Rucker median (JK) - steiger | 31 | 0.136 | 0.083 | 0.060 | 0.230 | 0.113 |
| 14 | Rucker median (JK) - tophits | 31 | 0.139 | 0.085 | 0.062 | 0.231 | 0.112 |
| 15 | Rucker point estimate - steiger | 31 | 0.196 | 0.025 | 0.146 | 0.245 | 1.50E-08 |
| 16 | Rucker point estimate - tophits | 31 | 0.196 | 0.025 | 0.146 | 0.245 | 1.50E-08 |
| 17 | Simple median - steiger | 31 | 0.092 | 0.025 | 0.042 | 0.142 | 2.97E-04 |
| 18 | Simple median - tophits | 31 | 0.092 | 0.026 | 0.041 | 0.142 | 3.48E-04 |
| 19 | Simple mode - steiger | 31 | 0.110 | 0.053 | 0.006 | 0.214 | 0.048 |
| 20 | Simple mode - tophits | 31 | 0.110 | 0.050 | 0.011 | 0.208 | 0.037 |
| 21 | Simple mode (NOME) - steiger | 31 | 0.110 | 0.053 | 0.005 | 0.214 | 0.049 |
| 22 | Simple mode (NOME) - tophits | 31 | 0.110 | 0.055 | 0.003 | 0.217 | 0.054 |
| 23 | Weighted median - steiger | 31 | 0.129 | 0.026 | 0.077 | 0.181 | 1.05E-06 |
| 24 | Weighted median - tophits | 31 | 0.129 | 0.026 | 0.078 | 0.180 | 8.40E-07 |
| 25 | Weighted mode - steiger | 31 | 0.052 | 0.058 | -0.061 | 0.165 | 0.373 |
| 26 | Weighted mode - tophits | 31 | 0.052 | 0.056 | -0.059 | 0.163 | 0.364 |
| 27 | Weighted mode (NOME) - steiger | 31 | 0.206 | 0.044 | 0.121 | 0.291 | 4.98E-05 |
| 28 | Weighted mode (NOME) - tophits | 31 | 0.206 | 0.044 | 0.120 | 0.292 | 5.73E-05 |

### S5.6: ACQ→MD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 30 | -1.68E-04 | 0.003 | -0.005 | 0.005 | 0.948 |
| 2 | Egger fixed effects - tophits | 30 | -1.68E-04 | 0.003 | -0.005 | 0.005 | 0.948 |
| 3 | Egger random effects - steiger | 30 | -1.68E-04 | 0.009 | -0.018 | 0.018 | 0.985 |
| 4 | Egger random effects - tophits | 30 | -1.68E-04 | 0.009 | -0.018 | 0.018 | 0.985 |
| 5 | IVW fixed effects - steiger | 30 | 0.007 | 0.001 | 0.004 | 0.010 | 8.06E-05 |
| 6 | IVW fixed effects - tophits | 30 | 0.007 | 0.001 | 0.004 | 0.010 | 8.06E-05 |
| 7 | IVW random effects - steiger | 30 | 0.007 | 0.005 | -0.003 | 0.017 | 0.204 |
| 8 | IVW random effects - tophits | 30 | 0.007 | 0.005 | -0.003 | 0.017 | 0.204 |
| 9 | Penalised median - steiger | 30 | 0.002 | 0.004 | -0.007 | 0.010 | 0.721 |
| 10 | Penalised median - tophits | 30 | 0.002 | 0.004 | -0.007 | 0.010 | 0.709 |
| 11 | Rucker mean (JK) - steiger | 30 | 0.002 | 0.010 | 0.023 | -0.018 | 0.816 |
| 12 | Rucker mean (JK) - tophits | 30 | 0.003 | 0.010 | 0.022 | -0.017 | 0.799 |
| 13 | Rucker median (JK) - steiger | 30 | 0.002 | 0.006 | -0.020 | 0.021 | 0.688 |
| 14 | Rucker median (JK) - tophits | 30 | 0.002 | 0.006 | -0.019 | 0.022 | 0.704 |
| 15 | Rucker point estimate - steiger | 30 | 0.007 | 0.005 | -0.003 | 0.017 | 0.204 |
| 16 | Rucker point estimate - tophits | 30 | 0.007 | 0.005 | -0.003 | 0.017 | 0.204 |
| 17 | Simple median - steiger | 30 | 0.011 | 0.006 | -2.72E-04 | 0.022 | 0.056 |
| 18 | Simple median - tophits | 30 | 0.011 | 0.005 | 2.45E-05 | 0.021 | 0.049 |
| 19 | Simple mode - steiger | 30 | 0.012 | 0.011 | -0.009 | 0.034 | 0.275 |
| 20 | Simple mode - tophits | 30 | 0.012 | 0.010 | -0.008 | 0.033 | 0.257 |
| 21 | Simple mode (NOME) - steiger | 30 | 0.012 | 0.012 | -0.011 | 0.035 | 0.308 |
| 22 | Simple mode (NOME) - tophits | 30 | 0.012 | 0.012 | -0.010 | 0.035 | 0.301 |
| 23 | Weighted median - steiger | 30 | 0.002 | 0.004 | -0.006 | 0.010 | 0.653 |
| 24 | Weighted median - tophits | 30 | 0.002 | 0.004 | -0.007 | 0.011 | 0.662 |
| 25 | Weighted mode - steiger | 30 | 0.001 | 0.004 | -0.007 | 0.010 | 0.753 |
| 26 | Weighted mode - tophits | 30 | 0.001 | 0.004 | -0.006 | 0.009 | 0.718 |
| 27 | Weighted mode (NOME) - steiger | 30 | 0.002 | 0.004 | -0.006 | 0.010 | 0.652 |
| 28 | Weighted mode (NOME) - tophits | 30 | 0.002 | 0.004 | -0.006 | 0.010 | 0.649 |

## 

### S5.7: ACQe-5→AD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 385 | 0.115 | 0.017 | 0.081 | 0.149 | 8.77E-11 |
| 2 | Egger fixed effects - tophits | 385 | 0.115 | 0.017 | 0.081 | 0.149 | 8.77E-11 |
| 3 | Egger random effects - steiger | 385 | 0.115 | 0.019 | 0.078 | 0.153 | 4.51E-09 |
| 4 | Egger random effects - tophits | 385 | 0.115 | 0.019 | 0.078 | 0.153 | 4.51E-09 |
| 5 | IVW fixed effects - steiger | 385 | 0.060 | 0.006 | 0.048 | 0.072 | 7.34E-20 |
| 6 | IVW fixed effects - tophits | 385 | 0.060 | 0.006 | 0.048 | 0.072 | 7.34E-20 |
| 7 | IVW random effects - steiger | 385 | 0.060 | 0.007 | 0.046 | 0.074 | 4.63E-16 |
| 8 | IVW random effects - tophits | 385 | 0.060 | 0.007 | 0.046 | 0.074 | 4.63E-16 |
| 9 | Penalised median - steiger | 385 | 0.045 | 0.011 | 0.024 | 0.066 | 1.92E-05 |
| 10 | Penalised median - tophits | 385 | 0.045 | 0.011 | 0.024 | 0.066 | 3.78E-05 |
| 11 | Rucker mean (JK) - steiger | 385 | 0.091 | 0.044 | 0.177 | 0.004 | 0.040 |
| 12 | Rucker mean (JK) - tophits | 385 | 0.090 | 0.043 | 0.174 | 0.006 | 0.035 |
| 13 | Rucker median (JK) - steiger | 385 | 0.066 | 0.030 | 0.042 | 0.174 | 0.029 |
| 14 | Rucker median (JK) - tophits | 385 | 0.067 | 0.034 | 0.040 | 0.168 | 0.048 |
| 15 | Rucker point estimate - steiger | 385 | 0.115 | 0.017 | 0.081 | 0.149 | 8.77E-11 |
| 16 | Rucker point estimate - tophits | 385 | 0.115 | 0.017 | 0.081 | 0.149 | 8.77E-11 |
| 17 | Simple median - steiger | 385 | 0.050 | 0.010 | 0.031 | 0.070 | 5.35E-07 |
| 18 | Simple median - tophits | 385 | 0.050 | 0.010 | 0.031 | 0.070 | 3.37E-07 |
| 19 | Simple mode - steiger | 385 | 0.035 | 0.040 | -0.043 | 0.113 | 0.378 |
| 20 | Simple mode - tophits | 385 | 0.035 | 0.038 | -0.039 | 0.109 | 0.355 |
| 21 | Simple mode (NOME) - steiger | 385 | 0.035 | 0.039 | -0.041 | 0.111 | 0.366 |
| 22 | Simple mode (NOME) - tophits | 385 | 0.035 | 0.039 | -0.042 | 0.112 | 0.372 |
| 23 | Weighted median - steiger | 385 | 0.056 | 0.010 | 0.036 | 0.076 | 3.49E-08 |
| 24 | Weighted median - tophits | 385 | 0.056 | 0.011 | 0.035 | 0.077 | 1.85E-07 |
| 25 | Weighted mode - steiger | 385 | 0.035 | 0.040 | -0.044 | 0.114 | 0.384 |
| 26 | Weighted mode - tophits | 385 | 0.035 | 0.040 | -0.044 | 0.114 | 0.387 |
| 27 | Weighted mode (NOME) - steiger | 385 | 0.035 | 0.047 | -0.057 | 0.127 | 0.454 |
| 28 | Weighted mode (NOME) - tophits | 385 | 0.035 | 0.046 | -0.054 | 0.124 | 0.442 |

## 

## 

### S5.8: ACQe-5→MD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 405 | -0.005 | 0.002 | -0.009 | -3.26E-04 | 0.035 |
| 2 | Egger fixed effects - tophits | 405 | -0.005 | 0.002 | -0.009 | -3.26E-04 | 0.035 |
| 3 | Egger random effects - steiger | 405 | -0.005 | 0.005 | -0.014 | 0.005 | 0.367 |
| 4 | Egger random effects - tophits | 405 | -0.005 | 0.005 | -0.014 | 0.005 | 0.367 |
| 5 | IVW fixed effects - steiger | 405 | 0.008 | 0.001 | 0.006 | 0.009 | 2.43E-17 |
| 6 | IVW fixed effects - tophits | 405 | 0.008 | 0.001 | 0.006 | 0.009 | 2.43E-17 |
| 7 | IVW random effects - steiger | 405 | 0.008 | 0.002 | 0.004 | 0.011 | 2.16E-04 |
| 8 | IVW random effects - tophits | 405 | 0.008 | 0.002 | 0.004 | 0.011 | 2.16E-04 |
| 9 | Penalised median - steiger | 405 | 0.001 | 0.003 | -0.005 | 0.007 | 0.759 |
| 10 | Penalised median - tophits | 405 | 0.001 | 0.003 | -0.005 | 0.007 | 0.760 |
| 11 | Rucker mean (JK) - steiger | 405 | -0.005 | 0.005 | 0.005 | -0.015 | 0.339 |
| 12 | Rucker mean (JK) - tophits | 405 | -0.005 | 0.005 | 0.005 | -0.015 | 0.305 |
| 13 | Rucker median (JK) - steiger | 405 | -0.004 | 0.004 | -0.016 | 0.007 | 0.270 |
| 14 | Rucker median (JK) - tophits | 405 | -0.005 | 0.004 | -0.017 | 0.006 | 0.253 |
| 15 | Rucker point estimate - steiger | 405 | -0.005 | 0.005 | -0.014 | 0.005 | 0.367 |
| 16 | Rucker point estimate - tophits | 405 | -0.005 | 0.005 | -0.014 | 0.005 | 0.367 |
| 17 | Simple median - steiger | 405 | 0.005 | 0.002 | 0.001 | 0.010 | 0.015 |
| 18 | Simple median - tophits | 405 | 0.005 | 0.002 | 0.001 | 0.010 | 0.014 |
| 19 | Simple mode - steiger | 405 | -0.005 | 0.009 | -0.022 | 0.012 | 0.577 |
| 20 | Simple mode - tophits | 405 | -0.005 | 0.008 | -0.020 | 0.011 | 0.533 |
| 21 | Simple mode (NOME) - steiger | 405 | -0.005 | 0.008 | -0.021 | 0.011 | 0.558 |
| 22 | Simple mode (NOME) - tophits | 405 | -0.005 | 0.009 | -0.022 | 0.012 | 0.573 |
| 23 | Weighted median - steiger | 405 | 0.001 | 0.003 | -0.004 | 0.007 | 0.611 |
| 24 | Weighted median - tophits | 405 | 0.001 | 0.003 | -0.004 | 0.007 | 0.625 |
| 25 | Weighted mode - steiger | 405 | 3.99E-04 | 0.004 | -0.008 | 0.009 | 0.924 |
| 26 | Weighted mode - tophits | 405 | 3.99E-04 | 0.004 | -0.007 | 0.008 | 0.918 |
| 27 | Weighted mode (NOME) - steiger | 405 | 3.99E-04 | 0.004 | -0.008 | 0.008 | 0.922 |
| 28 | Weighted mode (NOME) - tophits | 405 | 3.99E-04 | 0.004 | -0.008 | 0.008 | 0.922 |

## 

### S5.9: ADe-5→ACF

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 96 | -0.055 | 0.002 | -0.059 | -0.051 | 9.11E-48 |
| 2 | Egger fixed effects - tophits | 96 | -0.055 | 0.002 | -0.059 | -0.051 | 9.11E-48 |
| 3 | Egger random effects - steiger | 96 | -0.055 | 0.016 | -0.087 | -0.023 | 0.001 |
| 4 | Egger random effects - tophits | 96 | -0.055 | 0.016 | -0.087 | -0.023 | 0.001 |
| 5 | IVW fixed effects - steiger | 96 | -0.020 | 0.001 | -0.021 | -0.018 | 6.55E-39 |
| 6 | IVW fixed effects - tophits | 96 | -0.020 | 0.001 | -0.021 | -0.018 | 6.55E-39 |
| 7 | IVW random effects - steiger | 96 | -0.020 | 0.008 | -0.035 | -0.004 | 0.016 |
| 8 | IVW random effects - tophits | 96 | -0.020 | 0.008 | -0.035 | -0.004 | 0.016 |
| 9 | Penalised median - steiger | 96 | -0.005 | 0.004 | -0.013 | 0.003 | 0.251 |
| 10 | Penalised median - tophits | 96 | -0.005 | 0.004 | -0.013 | 0.004 | 0.259 |
| 11 | Rucker mean (JK) - steiger | 96 | -0.049 | 0.040 | 0.030 | -0.129 | 0.226 |
| 12 | Rucker mean (JK) - tophits | 96 | -0.050 | 0.042 | 0.031 | -0.132 | 0.231 |
| 13 | Rucker median (JK) - steiger | 96 | -0.051 | 0.055 | -0.143 | -4.77E-04 | 0.357 |
| 14 | Rucker median (JK) - tophits | 96 | -0.050 | 0.057 | -0.141 | -4.16E-04 | 0.382 |
| 15 | Rucker point estimate - steiger | 96 | -0.055 | 0.016 | -0.087 | -0.023 | 0.001 |
| 16 | Rucker point estimate - tophits | 96 | -0.055 | 0.016 | -0.087 | -0.023 | 0.001 |
| 17 | Simple median - steiger | 96 | -0.007 | 0.004 | -0.015 | 0.001 | 0.089 |
| 18 | Simple median - tophits | 96 | -0.007 | 0.004 | -0.015 | 0.001 | 0.095 |
| 19 | Simple mode - steiger | 96 | -0.011 | 0.010 | -0.032 | 0.010 | 0.295 |
| 20 | Simple mode - tophits | 96 | -0.011 | 0.011 | -0.032 | 0.010 | 0.300 |
| 21 | Simple mode (NOME) - steiger | 96 | -0.011 | 0.011 | -0.032 | 0.010 | 0.304 |
| 22 | Simple mode (NOME) - tophits | 96 | -0.011 | 0.010 | -0.031 | 0.009 | 0.284 |
| 23 | Weighted median - steiger | 96 | -0.005 | 0.004 | -0.013 | 0.003 | 0.238 |
| 24 | Weighted median - tophits | 96 | -0.005 | 0.004 | -0.013 | 0.003 | 0.238 |
| 25 | Weighted mode - steiger | 96 | -0.005 | 0.009 | -0.023 | 0.013 | 0.599 |
| 26 | Weighted mode - tophits | 96 | -0.005 | 0.009 | -0.022 | 0.012 | 0.582 |
| 27 | Weighted mode (NOME) - steiger | 96 | -0.006 | 0.010 | -0.025 | 0.013 | 0.539 |
| 28 | Weighted mode (NOME) - tophits | 96 | -0.006 | 0.009 | -0.024 | 0.012 | 0.526 |

## 

### S5.10: ADe-5→ACQ

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 95 | 0.496 | 0.027 | 0.442 | 0.549 | 3.22E-32 |
| 2 | Egger fixed effects - tophits | 95 | 0.496 | 0.027 | 0.442 | 0.549 | 3.22E-32 |
| 3 | Egger random effects - steiger | 95 | 0.496 | 0.187 | 0.128 | 0.863 | 0.010 |
| 4 | Egger random effects - tophits | 95 | 0.496 | 0.187 | 0.128 | 0.863 | 0.010 |
| 5 | IVW fixed effects - steiger | 95 | 0.262 | 0.013 | 0.237 | 0.288 | 3.26E-36 |
| 6 | IVW fixed effects - tophits | 95 | 0.262 | 0.013 | 0.237 | 0.288 | 3.26E-36 |
| 7 | IVW random effects - steiger | 95 | 0.262 | 0.089 | 0.088 | 0.437 | 0.004 |
| 8 | IVW random effects - tophits | 95 | 0.262 | 0.089 | 0.088 | 0.437 | 0.004 |
| 9 | Penalised median - steiger | 95 | 0.111 | 0.051 | 0.010 | 0.212 | 0.031 |
| 10 | Penalised median - tophits | 95 | 0.111 | 0.051 | 0.011 | 0.211 | 0.030 |
| 11 | Rucker mean (JK) - steiger | 95 | 0.501 | 0.427 | 1.339 | -0.337 | 0.244 |
| 12 | Rucker mean (JK) - tophits | 95 | 0.496 | 0.418 | 1.315 | -0.322 | 0.238 |
| 13 | Rucker median (JK) - steiger | 95 | 0.469 | 0.500 | -0.087 | 1.498 | 0.351 |
| 14 | Rucker median (JK) - tophits | 95 | 0.471 | 0.498 | -0.090 | 1.418 | 0.347 |
| 15 | Rucker point estimate - steiger | 95 | 0.496 | 0.187 | 0.128 | 0.863 | 0.010 |
| 16 | Rucker point estimate - tophits | 95 | 0.496 | 0.187 | 0.128 | 0.863 | 0.010 |
| 17 | Simple median - steiger | 95 | 0.130 | 0.053 | 0.027 | 0.233 | 0.013 |
| 18 | Simple median - tophits | 95 | 0.130 | 0.051 | 0.031 | 0.230 | 0.010 |
| 19 | Simple mode - steiger | 95 | 0.136 | 0.124 | -0.107 | 0.379 | 0.276 |
| 20 | Simple mode - tophits | 95 | 0.136 | 0.126 | -0.111 | 0.383 | 0.285 |
| 21 | Simple mode (NOME) - steiger | 95 | 0.136 | 0.132 | -0.123 | 0.395 | 0.307 |
| 22 | Simple mode (NOME) - tophits | 95 | 0.136 | 0.132 | -0.123 | 0.395 | 0.307 |
| 23 | Weighted median - steiger | 95 | 0.111 | 0.051 | 0.011 | 0.211 | 0.030 |
| 24 | Weighted median - tophits | 95 | 0.111 | 0.052 | 0.009 | 0.213 | 0.033 |
| 25 | Weighted mode - steiger | 95 | 0.124 | 0.109 | -0.089 | 0.337 | 0.256 |
| 26 | Weighted mode - tophits | 95 | 0.124 | 0.113 | -0.097 | 0.345 | 0.274 |
| 27 | Weighted mode (NOME) - steiger | 95 | 0.136 | 0.114 | -0.088 | 0.359 | 0.237 |
| 28 | Weighted mode (NOME) - tophits | 95 | 0.136 | 0.122 | -0.102 | 0.374 | 0.267 |

## 

### S5.11: ADe-5→MD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 99 | -0.008 | 0.008 | -0.024 | 0.008 | 0.330 |
| 2 | Egger fixed effects - tophits | 99 | -0.008 | 0.008 | -0.024 | 0.008 | 0.330 |
| 3 | Egger random effects - steiger | 99 | -0.008 | 0.011 | -0.030 | 0.014 | 0.489 |
| 4 | Egger random effects - tophits | 99 | -0.008 | 0.011 | -0.030 | 0.014 | 0.489 |
| 5 | IVW fixed effects - steiger | 99 | 0.006 | 0.004 | -0.001 | 0.013 | 0.100 |
| 6 | IVW fixed effects - tophits | 99 | 0.006 | 0.004 | -0.001 | 0.013 | 0.100 |
| 7 | IVW random effects - steiger | 99 | 0.006 | 0.005 | -0.004 | 0.016 | 0.246 |
| 8 | IVW random effects - tophits | 99 | 0.006 | 0.005 | -0.004 | 0.016 | 0.246 |
| 9 | Penalised median - steiger | 99 | 0.003 | 0.007 | -0.010 | 0.017 | 0.648 |
| 10 | Penalised median - tophits | 99 | 0.003 | 0.007 | -0.010 | 0.016 | 0.636 |
| 11 | Rucker mean (JK) - steiger | 99 | -0.003 | 0.013 | 0.022 | -0.027 | 0.828 |
| 12 | Rucker mean (JK) - tophits | 99 | -0.003 | 0.012 | 0.021 | -0.027 | 0.807 |
| 13 | Rucker median (JK) - steiger | 99 | 0.002 | 0.012 | -0.029 | 0.015 | 0.885 |
| 14 | Rucker median (JK) - tophits | 99 | 0.001 | 0.012 | -0.029 | 0.014 | 0.909 |
| 15 | Rucker point estimate - steiger | 99 | 0.006 | 0.005 | -0.004 | 0.016 | 0.246 |
| 16 | Rucker point estimate - tophits | 99 | 0.006 | 0.005 | -0.004 | 0.016 | 0.246 |
| 17 | Simple median - steiger | 99 | 0.004 | 0.007 | -0.010 | 0.017 | 0.601 |
| 18 | Simple median - tophits | 99 | 0.004 | 0.007 | -0.010 | 0.017 | 0.598 |
| 19 | Simple mode - steiger | 99 | -0.002 | 0.016 | -0.035 | 0.030 | 0.892 |
| 20 | Simple mode - tophits | 99 | -0.002 | 0.016 | -0.034 | 0.029 | 0.890 |
| 21 | Simple mode (NOME) - steiger | 99 | -0.002 | 0.018 | -0.037 | 0.033 | 0.900 |
| 22 | Simple mode (NOME) - tophits | 99 | -0.002 | 0.017 | -0.036 | 0.031 | 0.897 |
| 23 | Weighted median - steiger | 99 | 0.003 | 0.007 | -0.010 | 0.016 | 0.633 |
| 24 | Weighted median - tophits | 99 | 0.003 | 0.007 | -0.010 | 0.016 | 0.633 |
| 25 | Weighted mode - steiger | 99 | -0.003 | 0.014 | -0.031 | 0.024 | 0.808 |
| 26 | Weighted mode - tophits | 99 | -0.003 | 0.014 | -0.030 | 0.023 | 0.801 |
| 27 | Weighted mode (NOME) - steiger | 99 | -0.003 | 0.015 | -0.033 | 0.026 | 0.820 |
| 28 | Weighted mode (NOME) - tophits | 99 | -0.003 | 0.015 | -0.032 | 0.026 | 0.816 |

## 

### S5.12: MDe-5→ACF

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 252 | -0.009 | 0.010 | -0.028 | 0.010 | 0.347 |
| 2 | Egger fixed effects - tophits | 252 | -0.009 | 0.010 | -0.028 | 0.010 | 0.347 |
| 3 | Egger random effects - steiger | 252 | -0.009 | 0.031 | -0.071 | 0.053 | 0.772 |
| 4 | Egger random effects - tophits | 252 | -0.009 | 0.031 | -0.071 | 0.053 | 0.772 |
| 5 | IVW fixed effects - steiger | 252 | 0.024 | 0.004 | 0.016 | 0.032 | 1.27E-08 |
| 6 | IVW fixed effects - tophits | 252 | 0.024 | 0.004 | 0.016 | 0.032 | 1.27E-08 |
| 7 | IVW random effects - steiger | 252 | 0.024 | 0.013 | -0.002 | 0.050 | 0.072 |
| 8 | IVW random effects - tophits | 252 | 0.024 | 0.013 | -0.002 | 0.050 | 0.072 |
| 9 | Penalised median - steiger | 252 | 0.004 | 0.017 | -0.030 | 0.037 | 0.834 |
| 10 | Penalised median - tophits | 252 | 0.004 | 0.018 | -0.031 | 0.038 | 0.837 |
| 11 | Rucker mean (JK) - steiger | 252 | 0.001 | 0.026 | 0.051 | -0.050 | 0.984 |
| 12 | Rucker mean (JK) - tophits | 252 | -0.001 | 0.026 | 0.051 | -0.053 | 0.971 |
| 13 | Rucker median (JK) - steiger | 252 | 0.001 | 0.029 | -0.047 | 0.046 | 0.966 |
| 14 | Rucker median (JK) - tophits | 252 | -0.002 | 0.030 | -0.051 | 0.043 | 0.946 |
| 15 | Rucker point estimate - steiger | 252 | -0.009 | 0.031 | -0.071 | 0.053 | 0.772 |
| 16 | Rucker point estimate - tophits | 252 | -0.009 | 0.031 | -0.071 | 0.053 | 0.772 |
| 17 | Simple median - steiger | 252 | 0.037 | 0.013 | 0.012 | 0.062 | 0.004 |
| 18 | Simple median - tophits | 252 | 0.037 | 0.013 | 0.011 | 0.062 | 0.004 |
| 19 | Simple mode - steiger | 252 | 0.040 | 0.044 | -0.046 | 0.127 | 0.358 |
| 20 | Simple mode - tophits | 252 | 0.040 | 0.044 | -0.045 | 0.126 | 0.355 |
| 21 | Simple mode (NOME) - steiger | 252 | 0.040 | 0.046 | -0.049 | 0.130 | 0.378 |
| 22 | Simple mode (NOME) - tophits | 252 | 0.040 | 0.047 | -0.053 | 0.134 | 0.395 |
| 23 | Weighted median - steiger | 252 | 0.004 | 0.017 | -0.029 | 0.037 | 0.804 |
| 24 | Weighted median - tophits | 252 | 0.004 | 0.016 | -0.028 | 0.036 | 0.801 |
| 25 | Weighted mode - steiger | 252 | 0.001 | 0.019 | -0.037 | 0.038 | 0.963 |
| 26 | Weighted mode - tophits | 252 | 0.001 | 0.018 | -0.034 | 0.036 | 0.960 |
| 27 | Weighted mode (NOME) - steiger | 252 | 0.001 | 0.019 | -0.037 | 0.038 | 0.963 |
| 28 | Weighted mode (NOME) - tophits | 252 | 0.001 | 0.020 | -0.038 | 0.040 | 0.964 |

## 

### S5.13: MDe-5→ACQ

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 251 | -0.494 | 0.177 | -0.842 | -0.147 | 0.006 |
| 2 | Egger fixed effects - tophits | 251 | -0.494 | 0.177 | -0.842 | -0.147 | 0.006 |
| 3 | Egger random effects - steiger | 251 | -0.494 | 0.438 | -1.354 | 0.365 | 0.261 |
| 4 | Egger random effects - tophits | 251 | -0.494 | 0.438 | -1.354 | 0.365 | 0.261 |
| 5 | IVW fixed effects - steiger | 251 | 0.306 | 0.062 | 0.185 | 0.428 | 1.46E-06 |
| 6 | IVW fixed effects - tophits | 251 | 0.306 | 0.062 | 0.185 | 0.428 | 1.46E-06 |
| 7 | IVW random effects - steiger | 251 | 0.306 | 0.155 | 0.002 | 0.611 | 0.050 |
| 8 | IVW random effects - tophits | 251 | 0.306 | 0.155 | 0.002 | 0.611 | 0.050 |
| 9 | Penalised median - steiger | 251 | 0.137 | 0.176 | -0.207 | 0.481 | 0.436 |
| 10 | Penalised median - tophits | 251 | 0.137 | 0.163 | -0.183 | 0.457 | 0.402 |
| 11 | Rucker mean (JK) - steiger | 251 | -0.534 | 0.503 | 0.451 | -1.519 | 0.289 |
| 12 | Rucker mean (JK) - tophits | 251 | -0.466 | 0.496 | 0.505 | -1.437 | 0.348 |
| 13 | Rucker median (JK) - steiger | 251 | -0.535 | 0.427 | -1.556 | 0.389 | 0.212 |
| 14 | Rucker median (JK) - tophits | 251 | -0.458 | 0.471 | -1.473 | 0.411 | 0.333 |
| 15 | Rucker point estimate - steiger | 251 | -0.494 | 0.438 | -1.354 | 0.365 | 0.261 |
| 16 | Rucker point estimate - tophits | 251 | -0.494 | 0.438 | -1.354 | 0.365 | 0.261 |
| 17 | Simple median - steiger | 251 | 0.249 | 0.161 | -0.066 | 0.564 | 0.122 |
| 18 | Simple median - tophits | 251 | 0.249 | 0.160 | -0.066 | 0.563 | 0.121 |
| 19 | Simple mode - steiger | 251 | -0.474 | 0.543 | -1.539 | 0.590 | 0.383 |
| 20 | Simple mode - tophits | 251 | -0.474 | 0.570 | -1.592 | 0.643 | 0.406 |
| 21 | Simple mode (NOME) - steiger | 251 | -0.474 | 0.596 | -1.642 | 0.693 | 0.426 |
| 22 | Simple mode (NOME) - tophits | 251 | -0.474 | 0.546 | -1.544 | 0.595 | 0.385 |
| 23 | Weighted median - steiger | 251 | 0.183 | 0.171 | -0.152 | 0.518 | 0.284 |
| 24 | Weighted median - tophits | 251 | 0.183 | 0.166 | -0.143 | 0.509 | 0.271 |
| 25 | Weighted mode - steiger | 251 | 0.259 | 0.431 | -0.587 | 1.104 | 0.549 |
| 26 | Weighted mode - tophits | 251 | 0.259 | 0.455 | -0.634 | 1.151 | 0.570 |
| 27 | Weighted mode (NOME) - steiger | 251 | 0.336 | 0.460 | -0.565 | 1.237 | 0.465 |
| 28 | Weighted mode (NOME) - tophits | 251 | 0.336 | 0.458 | -0.562 | 1.234 | 0.464 |

## 

### S5.14: MDe-5→AD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 259 | 0.070 | 0.191 | -0.305 | 0.445 | 0.715 |
| 2 | Egger fixed effects - tophits | 259 | 0.070 | 0.191 | -0.305 | 0.445 | 0.715 |
| 3 | Egger random effects - steiger | 259 | 0.070 | 0.210 | -0.342 | 0.482 | 0.739 |
| 4 | Egger random effects - tophits | 259 | 0.070 | 0.210 | -0.342 | 0.482 | 0.739 |
| 5 | IVW fixed effects - steiger | 259 | 0.280 | 0.056 | 0.169 | 0.390 | 1.29E-06 |
| 6 | IVW fixed effects - tophits | 259 | 0.280 | 0.056 | 0.169 | 0.390 | 1.29E-06 |
| 7 | IVW random effects - steiger | 259 | 0.280 | 0.062 | 0.158 | 0.401 | 9.64E-06 |
| 8 | IVW random effects - tophits | 259 | 0.280 | 0.062 | 0.158 | 0.401 | 9.64E-06 |
| 9 | Penalised median - steiger | 259 | 0.220 | 0.093 | 0.038 | 0.402 | 0.018 |
| 10 | Penalised median - tophits | 259 | 0.220 | 0.093 | 0.037 | 0.403 | 0.018 |
| 11 | Rucker mean (JK) - steiger | 259 | 0.266 | 0.100 | 0.462 | 0.070 | 0.008 |
| 12 | Rucker mean (JK) - tophits | 259 | 0.267 | 0.104 | 0.471 | 0.063 | 0.011 |
| 13 | Rucker median (JK) - steiger | 259 | 0.274 | 0.065 | -0.077 | 0.408 | 3.27E-05 |
| 14 | Rucker median (JK) - tophits | 259 | 0.280 | 0.068 | -0.090 | 0.408 | 4.95E-05 |
| 15 | Rucker point estimate - steiger | 259 | 0.280 | 0.056 | 0.169 | 0.390 | 1.29E-06 |
| 16 | Rucker point estimate - tophits | 259 | 0.280 | 0.056 | 0.169 | 0.390 | 1.29E-06 |
| 17 | Simple median - steiger | 259 | 0.301 | 0.091 | 0.123 | 0.479 | 9.36E-04 |
| 18 | Simple median - tophits | 259 | 0.301 | 0.088 | 0.127 | 0.474 | 6.79E-04 |
| 19 | Simple mode - steiger | 259 | 0.272 | 0.282 | -0.281 | 0.824 | 0.336 |
| 20 | Simple mode - tophits | 259 | 0.272 | 0.303 | -0.323 | 0.866 | 0.371 |
| 21 | Simple mode (NOME) - steiger | 259 | 0.272 | 0.286 | -0.289 | 0.832 | 0.343 |
| 22 | Simple mode (NOME) - tophits | 259 | 0.272 | 0.316 | -0.347 | 0.890 | 0.390 |
| 23 | Weighted median - steiger | 259 | 0.220 | 0.093 | 0.037 | 0.403 | 0.018 |
| 24 | Weighted median - tophits | 259 | 0.220 | 0.091 | 0.042 | 0.398 | 0.016 |
| 25 | Weighted mode - steiger | 259 | 0.122 | 0.202 | -0.273 | 0.518 | 0.545 |
| 26 | Weighted mode - tophits | 259 | 0.122 | 0.219 | -0.307 | 0.551 | 0.577 |
| 27 | Weighted mode (NOME) - steiger | 259 | 0.122 | 0.229 | -0.326 | 0.570 | 0.593 |
| 28 | Weighted mode (NOME) - tophits | 259 | 0.122 | 0.241 | -0.351 | 0.595 | 0.613 |

## 

### S5.15: MD→ACF

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 36 | 0.032 | 0.035 | -0.037 | 0.100 | 0.373 |
| 2 | Egger fixed effects - tophits | 36 | 0.032 | 0.035 | -0.037 | 0.100 | 0.373 |
| 3 | Egger random effects - steiger | 36 | 0.032 | 0.190 | -0.340 | 0.403 | 0.868 |
| 4 | Egger random effects - tophits | 36 | 0.032 | 0.190 | -0.340 | 0.403 | 0.868 |
| 5 | IVW fixed effects - steiger | 36 | 0.053 | 0.008 | 0.038 | 0.068 | 4.06E-08 |
| 6 | IVW fixed effects - tophits | 36 | 0.053 | 0.008 | 0.038 | 0.068 | 4.06E-08 |
| 7 | IVW random effects - steiger | 36 | 0.053 | 0.040 | -0.025 | 0.131 | 0.193 |
| 8 | IVW random effects - tophits | 36 | 0.053 | 0.040 | -0.025 | 0.131 | 0.193 |
| 9 | Penalised median - steiger | 36 | 0.028 | 0.031 | -0.034 | 0.089 | 0.374 |
| 10 | Penalised median - tophits | 36 | 0.028 | 0.032 | -0.035 | 0.091 | 0.387 |
| 11 | Rucker mean (JK) - steiger | 36 | 0.078 | 0.187 | 0.444 | -0.289 | 0.681 |
| 12 | Rucker mean (JK) - tophits | 36 | 0.071 | 0.180 | 0.424 | -0.282 | 0.696 |
| 13 | Rucker median (JK) - steiger | 36 | 0.050 | 0.064 | -0.193 | 0.616 | 0.444 |
| 14 | Rucker median (JK) - tophits | 36 | 0.048 | 0.065 | -0.196 | 0.559 | 0.464 |
| 15 | Rucker point estimate - steiger | 36 | 0.053 | 0.040 | -0.025 | 0.131 | 0.193 |
| 16 | Rucker point estimate - tophits | 36 | 0.053 | 0.040 | -0.025 | 0.131 | 0.193 |
| 17 | Simple median - steiger | 36 | 0.045 | 0.031 | -0.015 | 0.106 | 0.144 |
| 18 | Simple median - tophits | 36 | 0.045 | 0.032 | -0.017 | 0.108 | 0.154 |
| 19 | Simple mode - steiger | 36 | 0.081 | 0.070 | -0.056 | 0.218 | 0.256 |
| 20 | Simple mode - tophits | 36 | 0.081 | 0.066 | -0.048 | 0.210 | 0.226 |
| 21 | Simple mode (NOME) - steiger | 36 | 0.081 | 0.073 | -0.062 | 0.224 | 0.275 |
| 22 | Simple mode (NOME) - tophits | 36 | 0.081 | 0.068 | -0.052 | 0.214 | 0.241 |
| 23 | Weighted median - steiger | 36 | 0.033 | 0.032 | -0.029 | 0.096 | 0.293 |
| 24 | Weighted median - tophits | 36 | 0.033 | 0.031 | -0.027 | 0.094 | 0.278 |
| 25 | Weighted mode - steiger | 36 | 0.043 | 0.059 | -0.073 | 0.159 | 0.469 |
| 26 | Weighted mode - tophits | 36 | 0.043 | 0.056 | -0.067 | 0.153 | 0.446 |
| 27 | Weighted mode (NOME) - steiger | 36 | 0.053 | 0.073 | -0.090 | 0.196 | 0.474 |
| 28 | Weighted mode (NOME) - tophits | 36 | 0.053 | 0.067 | -0.079 | 0.184 | 0.437 |

## 

### S5.16: MD→ACQ

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 36 | -4.773 | 0.534 | -5.820 | -3.726 | 1.93E-10 |
| 2 | Egger fixed effects - tophits | 36 | -4.773 | 0.534 | -5.820 | -3.726 | 1.93E-10 |
| 3 | Egger random effects - steiger | 36 | -4.773 | 1.982 | -8.658 | -0.888 | 0.022 |
| 4 | Egger random effects - tophits | 36 | -4.773 | 1.982 | -8.658 | -0.888 | 0.022 |
| 5 | IVW fixed effects - steiger | 36 | -0.565 | 0.109 | -0.778 | -0.352 | 8.82E-06 |
| 6 | IVW fixed effects - tophits | 36 | -0.565 | 0.109 | -0.778 | -0.352 | 8.82E-06 |
| 7 | IVW random effects - steiger | 36 | -0.565 | 0.446 | -1.439 | 0.309 | 0.214 |
| 8 | IVW random effects - tophits | 36 | -0.565 | 0.446 | -1.439 | 0.309 | 0.214 |
| 9 | Penalised median - steiger | 36 | -1.118 | 0.370 | -1.843 | -0.393 | 0.002 |
| 10 | Penalised median - tophits | 36 | -1.118 | 0.383 | -1.868 | -0.368 | 0.003 |
| 11 | Rucker mean (JK) - steiger | 36 | -5.141 | 2.626 | 0.005 | -10.287 | 0.058 |
| 12 | Rucker mean (JK) - tophits | 36 | -5.339 | 2.660 | -0.126 | -10.552 | 0.052 |
| 13 | Rucker median (JK) - steiger | 36 | -4.739 | 2.236 | -10.764 | -0.537 | 0.041 |
| 14 | Rucker median (JK) - tophits | 36 | -4.887 | 2.276 | -11.274 | -0.692 | 0.039 |
| 15 | Rucker point estimate - steiger | 36 | -4.773 | 1.982 | -8.658 | -0.888 | 0.022 |
| 16 | Rucker point estimate - tophits | 36 | -4.773 | 1.982 | -8.658 | -0.888 | 0.022 |
| 17 | Simple median - steiger | 36 | -0.971 | 0.376 | -1.707 | -0.235 | 0.010 |
| 18 | Simple median - tophits | 36 | -0.971 | 0.370 | -1.696 | -0.246 | 0.009 |
| 19 | Simple mode - steiger | 36 | -1.507 | 0.677 | -2.833 | -0.181 | 0.032 |
| 20 | Simple mode - tophits | 36 | -1.507 | 0.682 | -2.843 | -0.171 | 0.034 |
| 21 | Simple mode (NOME) - steiger | 36 | -1.507 | 0.683 | -2.846 | -0.168 | 0.034 |
| 22 | Simple mode (NOME) - tophits | 36 | -1.507 | 0.696 | -2.871 | -0.143 | 0.037 |
| 23 | Weighted median - steiger | 36 | -0.986 | 0.372 | -1.715 | -0.256 | 0.008 |
| 24 | Weighted median - tophits | 36 | -0.986 | 0.367 | -1.705 | -0.266 | 0.007 |
| 25 | Weighted mode - steiger | 36 | -1.287 | 0.583 | -2.430 | -0.144 | 0.034 |
| 26 | Weighted mode - tophits | 36 | -1.287 | 0.586 | -2.435 | -0.139 | 0.035 |
| 27 | Weighted mode (NOME) - steiger | 36 | -1.350 | 0.674 | -2.672 | -0.028 | 0.053 |
| 28 | Weighted mode (NOME) - tophits | 36 | -1.350 | 0.622 | -2.569 | -0.131 | 0.037 |

## 

### S5.17: MD→AD

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Method - Filtering | SNPs | Estimate | SE | CI\_low | CI\_upp | P |
| 1 | Egger fixed effects - steiger | 40 | -0.357 | 0.846 | -2.016 | 1.301 | 0.675 |
| 2 | Egger fixed effects - tophits | 40 | -0.357 | 0.846 | -2.016 | 1.301 | 0.675 |
| 3 | Egger random effects - steiger | 40 | -0.357 | 0.699 | -1.727 | 1.012 | 0.612 |
| 4 | Egger random effects - tophits | 40 | -0.357 | 0.699 | -1.727 | 1.012 | 0.612 |
| 5 | IVW fixed effects - steiger | 40 | 0.274 | 0.138 | 0.004 | 0.544 | 0.054 |
| 6 | IVW fixed effects - tophits | 40 | 0.274 | 0.138 | 0.004 | 0.544 | 0.054 |
| 7 | IVW random effects - steiger | 40 | 0.274 | 0.113 | 0.052 | 0.496 | 0.021 |
| 8 | IVW random effects - tophits | 40 | 0.274 | 0.113 | 0.052 | 0.496 | 0.021 |
| 9 | Penalised median - steiger | 40 | 0.264 | 0.178 | -0.085 | 0.613 | 0.138 |
| 10 | Penalised median - tophits | 40 | 0.264 | 0.179 | -0.087 | 0.615 | 0.140 |
| 11 | Rucker mean (JK) - steiger | 40 | 0.279 | 0.106 | 0.487 | 0.070 | 0.012 |
| 12 | Rucker mean (JK) - tophits | 40 | 0.270 | 0.108 | 0.481 | 0.059 | 0.016 |
| 13 | Rucker median (JK) - steiger | 40 | 0.281 | 0.108 | 0.060 | 0.480 | 0.013 |
| 14 | Rucker median (JK) - tophits | 40 | 0.277 | 0.104 | 0.038 | 0.470 | 0.011 |
| 15 | Rucker point estimate - steiger | 40 | 0.274 | 0.138 | 0.004 | 0.544 | 0.054 |
| 16 | Rucker point estimate - tophits | 40 | 0.274 | 0.138 | 0.004 | 0.544 | 0.054 |
| 17 | Simple median - steiger | 40 | 0.309 | 0.175 | -0.034 | 0.653 | 0.078 |
| 18 | Simple median - tophits | 40 | 0.309 | 0.168 | -0.021 | 0.639 | 0.066 |
| 19 | Simple mode - steiger | 40 | 0.526 | 0.392 | -0.241 | 1.294 | 0.187 |
| 20 | Simple mode - tophits | 40 | 0.526 | 0.399 | -0.257 | 1.309 | 0.195 |
| 21 | Simple mode (NOME) - steiger | 40 | 0.526 | 0.372 | -0.202 | 1.255 | 0.165 |
| 22 | Simple mode (NOME) - tophits | 40 | 0.526 | 0.367 | -0.193 | 1.246 | 0.160 |
| 23 | Weighted median - steiger | 40 | 0.263 | 0.173 | -0.076 | 0.602 | 0.129 |
| 24 | Weighted median - tophits | 40 | 0.263 | 0.175 | -0.080 | 0.605 | 0.132 |
| 25 | Weighted mode - steiger | 40 | 0.289 | 0.347 | -0.392 | 0.969 | 0.411 |
| 26 | Weighted mode - tophits | 40 | 0.289 | 0.360 | -0.418 | 0.995 | 0.428 |
| 27 | Weighted mode (NOME) - steiger | 40 | 0.310 | 0.333 | -0.342 | 0.962 | 0.357 |
| 28 | Weighted mode (NOME) - tophits | 40 | 0.310 | 0.349 | -0.375 | 0.995 | 0.380 |

## 

## Supplemental Table S6: MR-Egger intercept analysis conducted on the 14 findings surviving Bonferroni multiple testing correction.

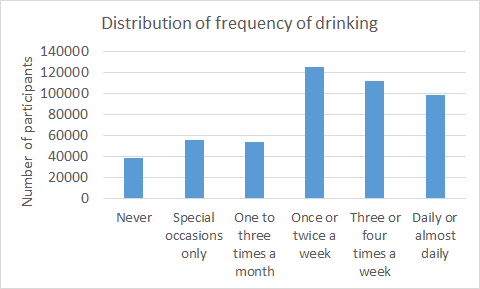
|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Test | MR-Egger Estimate | | | MR-Egger Intercept | | | MR-Egger Intercept (P > 0.1) |
| Beta | SE | P | Intercept | SE | P |
| ACF→AD | -0.75 | 0.18 | 3.21E-05 | 0.043 | 0.009 | 3.36E-06 | violated |
| ACFe-5→AD | -0.001 | 0.09 | 0.991 | 0.011 | 0.003 | 0.001 | violated |
| ACFe-5→MD | 0.12 | 0.02 | 4.51E-09 | 0.002 | 0.001 | 0.081 | violated |
| ACQ→AD | -0.005 | 0.01 | 0.367 | -0.033 | 0.011 | 0.006 | violated |
| ACQ→MD | 0.2 | 0.04 | 7.97E-07 | 0.003 | 0.003 | 0.354 | pass |
| ACQe-5→AD | <0.001 | <0.01 | 0.985 | -0.014 | 0.004 | 0.002 | violated |
| ACQe-5→MD | -1.97 | 0.37 | 1.42E-07 | 0.003 | 0.001 | 0.009 | violated |
| ADe-5→ACF | -0.05 | 0.02 | 0.001 | 0.007 | 0.003 | 0.017 | violated |
| ADe-5→ACQ | 0.5 | 0.19 | 0.010 | -0.046 | 0.032 | 0.161 | pass |
| MD→ACF | -0.01 | 0.03 | 0.772 | 0.001 | 0.006 | 0.908 | pass |
| MD→ACQ | -0.49 | 0.44 | 0.261 | 0.142 | 0.065 | 0.037 | violated |
| MDe-5→ACF | 0.07 | 0.21 | 0.739 | 0.001 | 0.001 | 0.247 | pass |
| MDe-5→ACQ | 0.03 | 0.18 | 0.868 | 0.027 | 0.014 | 0.052 | violated |
| MDe-5→AD | -4.77 | 2.08 | 0.022 | 0.007 | 0.006 | 0.297 | pass |

Note: Abbreviations: ACF, alcohol consumption frequency; ACQ, alcohol consumption quantity; AD, alcohol dependence; MD, major depression. An intercept significantly different from zero suggests directional pleiotropy.

## 

# **Supplementary Figures**

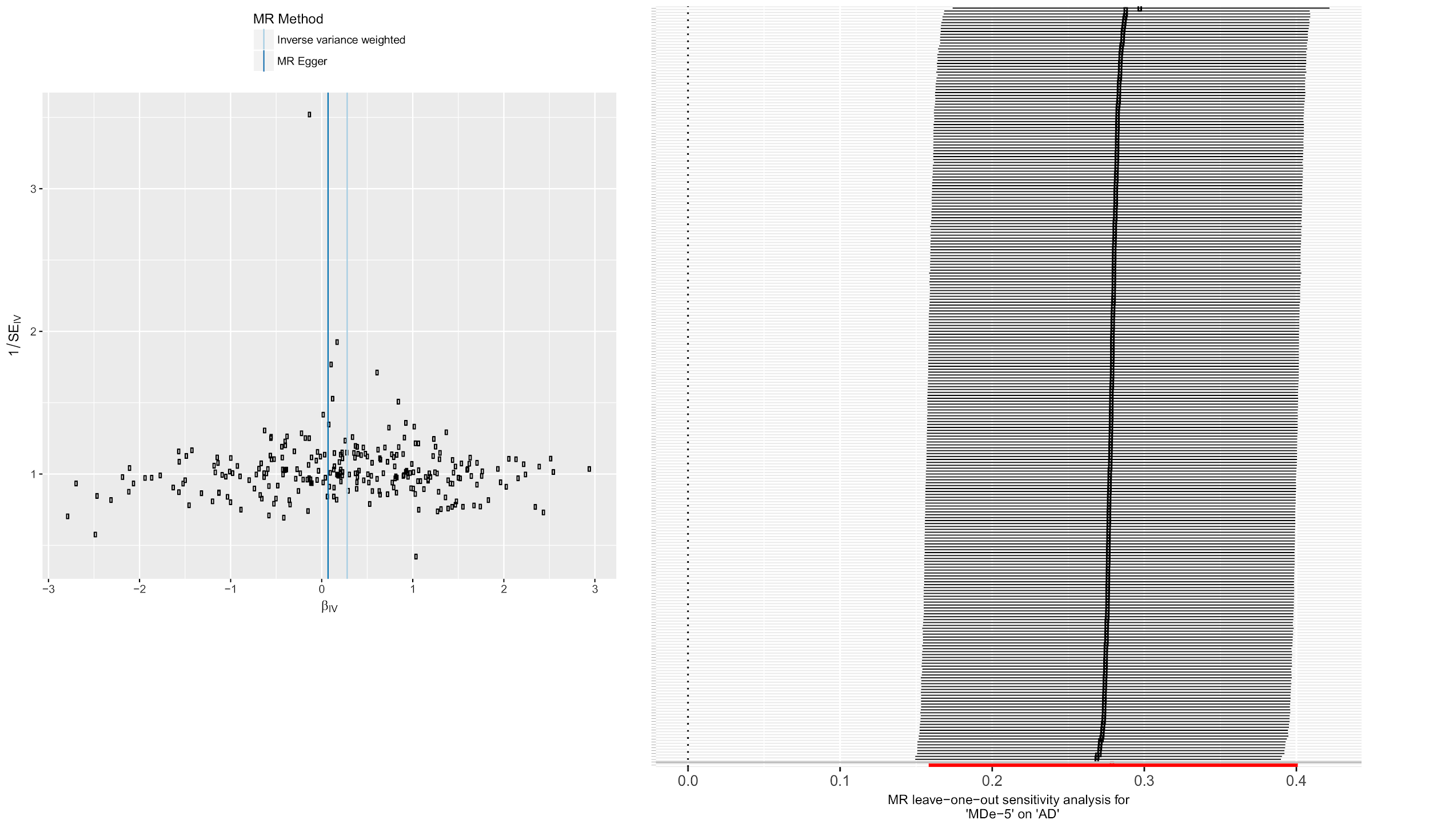
## Supplemental Figure 1: Distribution of frequency of drinking in the UK Biobank sample.



Note: in the original UK Biobank scoring, scores ranged from 1 (daily or almost daily) to 6 (never). In our analyses, scores were recoded to ensure that higher scores represented more frequent drinking.

## Supplemental Figure S2: Funnel plot (left) and leave-one-out analysis (right) related to the MDe-5 genetic instrument with respect to AD outcome (MDe-5→AD).

Funnel plot reports the contribution of each variant (effect size on the x-axis, 1/SE on the y-axis) to MR estimate (solid lines; light-blue for Inverse Variance Weighted (IVW), blue for MR-Egger). Leave-one-out plot report the MR estimate (IVW) excluding one variant at a time from the genetic instrument.

****

Abbreviations: ACF, alcohol consumption frequency; ACQ, alcohol consumption quantity; AD, alcohol dependence; MD, major depression; IVW, Inverse Variance Weighted.

## Supplemental Figure S3: SNP-exposure (AD associations, logOR) and SNP-outcome (MD associations, logOR) coefficients used in the MR analysis.

Error bars (95% CIs) are reported for each association.

## 

## 

# **Supplementary Methods**

## *Samples*

1. Major depression (MD)[1](https://paperpile.com/c/ZqdkLD/PW92)

MD summary association data were obtained from the latest GWAS meta-analysis including 135,458 MD cases and 344,901 controls from the MD working group of the PGC (PGC-MDD2), which included 7 cohorts: (1) 29 samples of European-ancestry with MD-cases required to meet international consensus criteria (DSM-IV, ICD-9, or ICD-10) for a lifetime diagnosis of MD established using structured diagnostic instruments from assessments by trained interviewers, clinician-administered checklists, or medical record review and controls in most samples were screened for the absence of lifetime MD (22/29 samples), and randomly selected from the population; (2) Generation Scotland employed direct interviews; (3) iPSYCH (Denmark) used national treatment registers; (4) deCODE (Iceland) used national treatment registers and direct interviews; (5) GERA used Kaiser-Permanente treatment records (CA, US); (6) UK Biobank combined self-reported MD symptoms and/or treatment for MD by a medical professional; and (7) 23andMe used self-report of treatment for MD by a medical professional. All controls included in datasets 2-7 were screened for the absence of MD.

2. Alcohol Dependence (AD)[2](https://paperpile.com/c/ZqdkLD/bKPa)

AD summary association data from unrelated subjects of European descent (10,206 cases; 28,480 controls) were obtained from GWAS meta-analysis of 14 cohorts conducted by the PGC Substance Use Disorder Workgroup. Detailed descriptions of the AD samples have been previously reported. In brief, AD was defined as meeting criteria for a DSM-IV (or DSM-IIIR in one instance) diagnosis of AD and with the exception of three cohorts with population-based controls (*n*=7,015), all controls were screened for AD. Individuals with no history of drinking alcohol and those meeting criteria for DSM-IV alcohol abuse were additionally excluded as controls where applicable (i.e., where these data were available).

3. UK Biobank (UKB) - alcohol consumption quantity and frequency

The UK Biobank cohort consists of 502,000 middle-aged (40-69 years) individuals recruited from the United Kingdom. The UK Biobank records extensive (*n*>2000) phenotypes of the participants ranging from anthropometric traits, to disease status, to lifestyle behaviors.

Information on alcohol intake was obtained through various self-report questionnaires. Frequency of consumption (AC-Frequency) was assessed in 501,718 participants (UKB field IDs: 1558) with the item “About how often do you drink alcohol?”. Frequency was originally assessed at a scale ranging from 1 (daily or almost daily) to 6 (never), but was reverse coded so that a lower score represented less frequent drinking. Supplementary Figure 3 shows the distribution in the UKB population. In those who drink at least once or twice a week, information on quantity of consumption (AC-Quantity) was assessed (*n*=348,039). AC-Quantity was assessed based on the average weekly alcohol intake for five general classes: red wine (field ID: 1568), champagne plus white wine (field ID: 1578), spirits (field ID: 1598), beer plus cider intake (field ID: 1558), and fortified wine (field ID: 1608). The following item was used: “In an average WEEK, how many servings of {class of alcohol} would you drink?”.

For a complete description of the UKB genotype curation, please see the report by Ong and colleagues.[3](https://paperpile.com/c/ZqdkLD/r3olI) All participants provided informed written consent, the study was approved by the National Research Ethics Service Committee North West – Haydock, and all study procedures were performed in accordance with the World Medical Association Declaration of Helsinki ethical principles for medical research. In brief, approximately 488,000 participants were genotyped and on custom-designed Affymetrix UK BiLEVE Axiom or UK Biobank Axiom arrays (Affymetrix Santa Clara, USA), which produced a combined total of 805,426 markers in the released data. Following standard quality control (QC) the dataset was phased and ~96M genotypes were imputed using Haplotype Reference Consortium (HRC) and UK10K haplotype resources.[4–6](https://paperpile.com/c/ZqdkLD/Tg94D+eaH6Q+zZenH) Due to the UKB’s reported QC issues with non-HRC SNPs, we retained only the ~40M HRC SNPs for analysis. In light of a large number of related individuals in the UKB cohort, the GWAS was performed using BOLT-LMM which is a linear mixed model framework that explicitly models the genetic relatedness within the sample.[7](https://paperpile.com/c/ZqdkLD/uEDAz)

Among the 487,409 individuals who passed initial genotyping QC, 409,694 participants had white-British ancestry, based on self-reported ethnicity and genetic principal components. To maximize our effective sample size, we also included UKB participants if their self-reported ancestry was not white-British (this includes a substantial number of individuals reporting their ancestry as “Irish” or “any other white background”) but their first two genetic principal components fell within the region of those that are classified white-British in the *n* = 409,694 set. We identified 438,870 individuals for this study who are genetically similar to those of white-British ancestry. After exclusion of ethnic outliers, we included 438,308 participants in the AC-Frequency and 307,098 participants in the AC-Quantity GWAS.

## *Quality checks of UKB alcohol consumption measures*

To combine the different classes of alcohol, we followed the procedures developed by Clarke et al.,[8](https://paperpile.com/c/ZqdkLD/xofo) although a few minor changes were made. In contrast to Clarke et al., we excluded outliers using sex-specific norms and we did not include weight as a covariate in our analysis. To calculate the total units of alcohol, the number of reported drinks was multiplied with a factor depending on the class of alcohol. The factors were 1.67 (red wine and champagne/white wine), 2.3 (beer), 1 (spirit), and 2.25 (fortified wine). We subsequently identified outliers as those who score >5 SD above the average. Outliers were determined in males and females separately. After exclusion of outliers, the mean level of AC-Quantity was 19.90 units (SD=16.26). As expected, the mean level of AC-Quantity was higher in males (mean=25.16; SD=18.72) compared to females (mean=14.42; SD=10.76). Next, we performed a regression analysis including AC-Quantity as the dependent variable and age and sex as predictors. The residuals were used as the outcome measure in genetic association analyses.

## *Sample Overlap*

Among the samples included in the MD and AD GWAS, three cohorts (of 22 AD cohorts and 35 MD cohorts) were present in both analyses and some individuals from these cohorts may overlap. LD score regression is not biased by sample overlap.[9](https://paperpile.com/c/ZqdkLD/Ic1gW) Simulations on two-sample MR methods demonstrated that the relative bias (which may be toward a null direction) with 50% sample overlap was 5% and with 30% sample overlap was 3%.[10](https://paperpile.com/c/ZqdkLD/oClPh) To quantify potential bias from GWAS summary statistics due to overlapping samples, we used LambdaMeta implemented in GEnetic Analysis Repository (GEAR).[11](https://paperpile.com/c/ZqdkLD/JSLby) Under the null hypothesis, LambdaMeta is 1 when no “sample-overlap” effect is affecting the pair of summary statistics. When the summary statistics are affected by sample overlap, LambdaMeta < 1; when there are technical differences, LambdaMeta > 1. LambdaMeta between MD and AD GWAS was 1.0021, suggesting results should not be significantly biased due to sample overlap.

## *LD score regression analysis*

The proportion of variance in phenotypic liability that could be explained by the aggregated effect of all SNPs (h2-SNP) was estimated using LD-Score Regression analysis.[9](https://paperpile.com/c/ZqdkLD/Ic1gW) The method is based on the premise that an estimated SNP effect-size includes effects of all SNPs in linkage disequilibrium (LD) with that SNP. A SNP that tags many other SNPs will have a higher probability of tagging a causal genetic variant compared to a SNP that tags few other SNPs. The LD score measures the amount of genetic variation tagged by a SNP within a specific population. Accordingly, assuming a trait with a polygenic architecture, SNPs with a higher LD-score have on average stronger effect sizes than SNPs with lower LD-scores. When regressing the effect size from the association analysis against the LD score for each SNP, the slope of the regression line provides an estimate of the proportion of variance accounted for by all SNPs included in the estimation of LD scores.[9](https://paperpile.com/c/ZqdkLD/Ic1gW) For this analysis, we included in the regression 1,217,311 SNPs that were present in the HapMap 3 reference panel. Analyses were performed using pre-computed LD scores based on 1000 Genomes Project reference data on individuals of European ancestry (available for download at https://data.broadinstitute.org/alkesgroup/LDSCORE/). The h2-SNP estimates for the two binary traits were converted to the liability scale, using sample prevalence of 0.159 for AD and 0.15 for MD. It should be noted that h2-SNP estimates may be slightly underestimated since summary statistics were derived from a linear mixed model analysis (BOLT-LMM) and mixed models may change the expected behavior of the mean chi-square.

# 

# **Listing of Psychiatric Genomics Consortium Members**

## Major Depressive Disorder Working Group

Naomi R Wray\* 1, 2

Stephan Ripke\* 3, 4, 5

Manuel Mattheisen\* 6, 7, 8, 9

Maciej Trzaskowski\* 1

Enda M Byrne 1

Abdel Abdellaoui 10

Mark J Adams 11

Esben Agerbo 9, 12, 13

Tracy M Air 14

Till F M Andlauer 15, 16

Silviu-Alin Bacanu 17

Marie Bækvad-Hansen 9, 18

Aartjan T F Beekman 19

Tim B Bigdeli 17, 20

Elisabeth B Binder 15, 21

Douglas H R Blackwood 11

Julien Bryois 22

Henriette N Buttenschøn 8, 9, 23

Jonas Bybjerg-Grauholm 9, 18

Na Cai 24, 25

Enrique Castelao 26

Jane Hvarregaard Christensen 7, 8, 9

Toni-Kim Clarke 11

Jonathan R I Coleman 27

Lucía Colodro-Conde 28

Baptiste Couvy-Duchesne 2, 29

Nick Craddock 30

Gregory E Crawford 31, 32

Gail Davies 33

Ian J Deary 33

Franziska Degenhardt 34, 35

Eske M Derks 28

Nese Direk 36, 37

Conor V Dolan 10

Erin C Dunn 38, 39, 40

Thalia C Eley 27

Valentina Escott-Price 41

Farnush Farhadi Hassan Kiadeh 42

Hilary K Finucane 43, 44

Andreas J Forstner 34, 35, 45, 46

Josef Frank 47

Héléna A Gaspar 27

Michael Gill 48

Fernando S Goes 49

Scott D Gordon 28

Jakob Grove 7, 8, 9, 50

Lynsey S Hall 11, 51

Christine Søholm Hansen 9, 18

Thomas F Hansen 52, 53, 54

Stefan Herms 34, 35, 46

Ian B Hickie 55

Per Hoffmann 34, 35, 46

Georg Homuth 56

Carsten Horn 57

Jouke-Jan Hottenga 10

David M Hougaard 9, 18

Marcus Ising 58

Rick Jansen 19, 19

Ian Jones 59

Lisa A Jones 60

Eric Jorgenson 61

James A Knowles 62

Isaac S Kohane 63, 64, 65

Julia Kraft 4

Warren W. Kretzschmar 66

Jesper Krogh 67

Zoltán Kutalik 68, 69

Yihan Li 66

Penelope A Lind 28

Donald J MacIntyre 70, 71

Dean F MacKinnon 49

Robert M Maier 2

Wolfgang Maier 72

Jonathan Marchini 73

Hamdi Mbarek 10

Patrick McGrath 74

Peter McGuffin 27

Sarah E Medland 28

Divya Mehta 2, 75

Christel M Middeldorp 10, 76, 77

Evelin Mihailov 78

Yuri Milaneschi 19, 19

Lili Milani 78

Francis M Mondimore 49

Grant W Montgomery 1

Sara Mostafavi 79, 80

Niamh Mullins 27

Matthias Nauck 81, 82

Bernard Ng 80

Michel G Nivard 10

Dale R Nyholt 83

Paul F O'Reilly 27

Hogni Oskarsson 84

Michael J Owen 59

Jodie N Painter 28

Carsten Bøcker Pedersen 9, 12, 13

Marianne Giørtz Pedersen 9, 12, 13

Roseann E. Peterson 17, 85

Erik Pettersson 22

Wouter J Peyrot 19

Giorgio Pistis 26

Danielle Posthuma 86, 87

Jorge A Quiroz 88

Per Qvist 7, 8, 9

John P Rice 89

Brien P. Riley 17

Margarita Rivera 27, 90

Saira Saeed Mirza 36

Robert Schoevers 91

Eva C Schulte 92, 93

Ling Shen 61

Jianxin Shi 94

Stanley I Shyn 95

Engilbert Sigurdsson 96

Grant C B Sinnamon 97

Johannes H Smit 19

Daniel J Smith 98

Hreinn Stefansson 99

Stacy Steinberg 99

Fabian Streit 47

Jana Strohmaier 47

Katherine E Tansey 100

Henning Teismann 101

Alexander Teumer 102

Wesley Thompson 9, 53, 103, 104

Pippa A Thomson 105

Thorgeir E Thorgeirsson 99

Matthew Traylor 106

Jens Treutlein 47

Vassily Trubetskoy 4

André G Uitterlinden 107

Daniel Umbricht 108

Sandra Van der Auwera 109

Albert M van Hemert 110

Alexander Viktorin 22

Peter M Visscher 1, 2

Yunpeng Wang 9, 53, 104

Bradley T. Webb 111

Shantel Marie Weinsheimer 9, 53

Jürgen Wellmann 101

Gonneke Willemsen 10

Stephanie H Witt 47

Yang Wu 1

Hualin S Xi 112

Jian Yang 2, 113

Futao Zhang 1

Volker Arolt 114

Bernhard T Baune 14

Klaus Berger 101

Dorret I Boomsma 10

Sven Cichon 34, 46, 115, 116

Udo Dannlowski 114

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J Raymond DePaulo 49

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Hans J Grabe 109

Steven P Hamilton 120

Caroline Hayward 121

Andrew C Heath 89

Kenneth S Kendler 17

Stefan Kloiber 58, 122, 123

Glyn Lewis 124

Qingqin S Li 125

Susanne Lucae 58

Pamela AF Madden 89

Patrik K Magnusson 22

Nicholas G Martin 28

Andrew M McIntosh 11, 33

Andres Metspalu 78, 126

Ole Mors 9, 127

Preben Bo Mortensen 8, 9, 12, 13

Bertram Müller-Myhsok 15, 16, 128

Merete Nordentoft 9, 129

Markus M Nöthen 34, 35

Michael C O'Donovan 59

Sara A Paciga 130

Nancy L Pedersen 22

Brenda WJH Penninx 19

Roy H Perlis 38, 131

David J Porteous 105

James B Potash 132

Martin Preisig 26

Marcella Rietschel 47

Catherine Schaefer 61

Thomas G Schulze 47, 93, 133, 134, 135

Jordan W Smoller 38, 39, 40

Kari Stefansson 99, 136

Henning Tiemeier 36, 137, 138

Rudolf Uher 139

Henry Völzke 102

Myrna M Weissman 74, 140

Thomas Werge 9, 53, 141

Cathryn M Lewis\* 27, 142

Douglas F Levinson\* 143

Gerome Breen\* 27, 144

Anders D Børglum\* 7, 8, 9

Patrick F Sullivan\* 22, 145, 146

1. Institute for Molecular Bioscience, The University of Queensland, Brisbane, QLD, AU

2. Queensland Brain Institute, The University of Queensland, Brisbane, QLD, AU

3. Analytic and Translational Genetics Unit, Massachusetts General Hospital, Boston, MA, US

4. Department of Psychiatry and Psychotherapy, Universitätsmedizin Berlin Campus Charité Mitte, Berlin, DE

5. Medical and Population Genetics, Broad Institute, Cambridge, MA, US

6. Centre for Psychiatry Research, Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, SE

7. Department of Biomedicine, Aarhus University, Aarhus, DK

8. iSEQ, Centre for Integrative Sequencing, Aarhus University, Aarhus, DK

9. iPSYCH, The Lundbeck Foundation Initiative for Integrative Psychiatric Research,, DK

10. Dept of Biological Psychology & EMGO+ Institute for Health and Care Research, Vrije Universiteit Amsterdam, Amsterdam, NL

11. Division of Psychiatry, University of Edinburgh, Edinburgh, GB

12. Centre for Integrated Register-based Research, Aarhus University, Aarhus, DK

13. National Centre for Register-Based Research, Aarhus University, Aarhus, DK

14. Discipline of Psychiatry, University of Adelaide, Adelaide, SA, AU

15. Department of Translational Research in Psychiatry, Max Planck Institute of Psychiatry, Munich, DE

16. Munich Cluster for Systems Neurology (SyNergy), Munich, DE

17. Department of Psychiatry, Virginia Commonwealth University, Richmond, VA, US

18. Center for Neonatal Screening, Department for Congenital Disorders, Statens Serum Institut, Copenhagen, DK

19. Department of Psychiatry, Vrije Universiteit Medical Center and GGZ inGeest, Amsterdam, NL

20. Virginia Institute for Psychiatric and Behavior Genetics, Richmond, VA, US

21. Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine, Atlanta, GA, US

22. Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, SE

23. Department of Clinical Medicine, Translational Neuropsychiatry Unit, Aarhus University, Aarhus, DK

24. Human Genetics, Wellcome Trust Sanger Institute, Cambridge, GB

25. Statistical genomics and systems genetics, European Bioinformatics Institute (EMBL-EBI), Cambridge, GB

26. Department of Psychiatry, University Hospital of Lausanne, Prilly, Vaud, CH

27. Social Genetic and Developmental Psychiatry Centre, King's College London, London, GB

28. Genetics and Computational Biology, QIMR Berghofer Medical Research Institute, Brisbane, QLD, AU

29. Centre for Advanced Imaging, The University of Queensland, Brisbane, QLD, AU

30. Psychological Medicine, Cardiff University, Cardiff, GB

31. Center for Genomic and Computational Biology, Duke University, Durham, NC, US

32. Department of Pediatrics, Division of Medical Genetics, Duke University, Durham, NC, US

33. Centre for Cognitive Ageing and Cognitive Epidemiology, University of Edinburgh, Edinburgh, GB

34. Institute of Human Genetics, University of Bonn, Bonn, DE

35. Life&Brain Center, Department of Genomics, University of Bonn, Bonn, DE

36. Epidemiology, Erasmus MC, Rotterdam, Zuid-Holland, NL

37. Psychiatry, Dokuz Eylul University School Of Medicine, Izmir, TR

38. Department of Psychiatry, Massachusetts General Hospital, Boston, MA, US

39. Psychiatric and Neurodevelopmental Genetics Unit (PNGU), Massachusetts General Hospital, Boston, MA, US

40. Stanley Center for Psychiatric Research, Broad Institute, Cambridge, MA, US

41. Neuroscience and Mental Health, Cardiff University, Cardiff, GB

42. Bioinformatics, University of British Columbia, Vancouver, BC, CA

43. Department of Epidemiology, Harvard T.H. Chan School of Public Health, Boston, MA, US

44. Department of Mathematics, Massachusetts Institute of Technology, Cambridge, MA, US

45. Department of Psychiatry (UPK), University of Basel, Basel, CH

46. Human Genomics Research Group, Department of Biomedicine, University of Basel, Basel, CH

47. Department of Genetic Epidemiology in Psychiatry, Central Institute of Mental Health, Medical Faculty Mannheim, Heidelberg University, Mannheim, Baden-Württemberg, DE

48. Department of Psychiatry, Trinity College Dublin, Dublin, IE

49. Psychiatry & Behavioral Sciences, Johns Hopkins University, Baltimore, MD, US

50. Bioinformatics Research Centre, Aarhus University, Aarhus, DK

51. Institute of Genetic Medicine, Newcastle University, Newcastle upon Tyne, GB

52. Danish Headache Centre, Department of Neurology, Rigshospitalet, Glostrup, DK

53. Institute of Biological Psychiatry, Mental Health Center Sct. Hans, Mental Health Services Capital Region of Denmark, Copenhagen, DK

54. iPSYCH, The Lundbeck Foundation Initiative for Psychiatric Research, Copenhagen, DK

55. Brain and Mind Centre, University of Sydney, Sydney, NSW, AU

56. Interfaculty Institute for Genetics and Functional Genomics, Department of Functional Genomics, University Medicine and Ernst Moritz Arndt University Greifswald, Greifswald, Mecklenburg-Vorpommern, DE

57. Roche Pharmaceutical Research and Early Development, Pharmaceutical Sciences, Roche Innovation Center Basel, F. Hoffmann-La Roche Ltd, Basel, CH

58. Max Planck Institute of Psychiatry, Munich, DE

59. MRC Centre for Neuropsychiatric Genetics and Genomics, Cardiff University, Cardiff, GB

60. Department of Psychological Medicine, University of Worcester, Worcester, GB

61. Division of Research, Kaiser Permanente Northern California, Oakland, CA, US

62. Psychiatry & The Behavioral Sciences, University of Southern California, Los Angeles, CA, US

63. Department of Biomedical Informatics, Harvard Medical School, Boston, MA, US

64. Department of Medicine, Brigham and Women's Hospital, Boston, MA, US

65. Informatics Program, Boston Children's Hospital, Boston, MA, US

66. Wellcome Trust Centre for Human Genetics, University of Oxford, Oxford, GB

67. Department of Endocrinology at Herlev University Hospital, University of Copenhagen, Copenhagen, DK

68. Institute of Social and Preventive Medicine (IUMSP), University Hospital of Lausanne, Lausanne, VD, CH

69. Swiss Institute of Bioinformatics, Lausanne, VD, CH

70. Division of Psychiatry, Centre for Clinical Brain Sciences, University of Edinburgh, Edinburgh, GB

71. Mental Health, NHS 24, Glasgow, GB

72. Department of Psychiatry and Psychotherapy, University of Bonn, Bonn, DE

73. Statistics, University of Oxford, Oxford, GB

74. Psychiatry, Columbia University College of Physicians and Surgeons, New York, NY, US

75. School of Psychology and Counseling, Queensland University of Technology, Brisbane, QLD, AU

76. Child and Youth Mental Health Service, Children's Health Queensland Hospital and Health Service, South Brisbane, QLD, AU

77. Child Health Research Centre, University of Queensland, Brisbane, QLD, AU

78. Estonian Genome Center, University of Tartu, Tartu, EE

79. Medical Genetics, University of British Columbia, Vancouver, BC, CA

80. Statistics, University of British Columbia, Vancouver, BC, CA

81. DZHK (German Centre for Cardiovascular Research), Partner Site Greifswald, University Medicine, University Medicine Greifswald, Greifswald, Mecklenburg-Vorpommern, DE

82. Institute of Clinical Chemistry and Laboratory Medicine, University Medicine Greifswald, Greifswald, Mecklenburg-Vorpommern, DE

83. Institute of Health and Biomedical Innovation, Queensland University of Technology, Brisbane, QLD, AU

84. Humus, Reykjavik, IS

85. Virginia Institute for Psychiatric & Behavioral Genetics, Virginia Commonwealth University, Richmond, VA, US

86. Clinical Genetics, Vrije Universiteit Medical Center, Amsterdam, NL

87. Complex Trait Genetics, Vrije Universiteit Amsterdam, Amsterdam, NL

88. Solid Biosciences, Boston, MA, US

89. Department of Psychiatry, Washington University in Saint Louis School of Medicine, Saint Louis, MO, US

90. Department of Biochemistry and Molecular Biology II, Institute of Neurosciences, Center for Biomedical Research, University of Granada, Granada, ES

91. Department of Psychiatry, University of Groningen, University Medical Center Groningen, Groningen, NL

92. Department of Psychiatry and Psychotherapy, Medical Center of the University of Munich, Campus Innenstadt, Munich, DE

93. Institute of Psychiatric Phenomics and Genomics (IPPG), Medical Center of the University of Munich, Campus Innenstadt, Munich, DE

94. Division of Cancer Epidemiology and Genetics, National Cancer Institute, Bethesda, MD, US

95. Behavioral Health Services, Kaiser Permanente Washington, Seattle, WA, US

96. Faculty of Medicine, Department of Psychiatry, University of Iceland, Reykjavik, IS

97. School of Medicine and Dentistry, James Cook University, Townsville, QLD, AU

98. Institute of Health and Wellbeing, University of Glasgow, Glasgow, GB

99. deCODE Genetics / Amgen, Reykjavik, IS

100. College of Biomedical and Life Sciences, Cardiff University, Cardiff, GB

101. Institute of Epidemiology and Social Medicine, University of Münster, Münster, Nordrhein-Westfalen, DE

102. Institute for Community Medicine, University Medicine Greifswald, Greifswald, Mecklenburg-Vorpommern, DE

103. Department of Psychiatry, University of California, San Diego, San Diego, CA, US

104. KG Jebsen Centre for Psychosis Research, Norway Division of Mental Health and Addiction, Oslo University Hospital, Oslo, NO

105. Medical Genetics Section, CGEM, IGMM, University of Edinburgh, Edinburgh, GB

106. Clinical Neurosciences, University of Cambridge, Cambridge, GB

107. Internal Medicine, Erasmus MC, Rotterdam, Zuid-Holland, NL

108. Roche Pharmaceutical Research and Early Development, Neuroscience, Ophthalmology and Rare Diseases Discovery & Translational Medicine Area, Roche Innovation Center Basel, F. Hoffmann-La Roche Ltd, Basel, CH

109. Department of Psychiatry and Psychotherapy, University Medicine Greifswald, Greifswald, Mecklenburg-Vorpommern, DE

110. Department of Psychiatry, Leiden University Medical Center, Leiden, NL

111. Virginia Institute for Psychiatric & Behavioral Genetics, Virginia Commonwealth University, Richmond, VA, US

112. Computational Sciences Center of Emphasis, Pfizer Global Research and Development, Cambridge, MA, US

113. Institute for Molecular Bioscience; Queensland Brain Institute, The University of Queensland, Brisbane, QLD, AU

114. Department of Psychiatry, University of Münster, Münster, Nordrhein-Westfalen, DE

115. Institute of Medical Genetics and Pathology, University Hospital Basel, University of Basel, Basel, CH

116. Institute of Neuroscience and Medicine (INM-1), Research Center Juelich, Juelich, DE

117. Amsterdam Public Health Institute, Vrije Universiteit Medical Center, Amsterdam, NL

118. Centre for Integrative Biology, Università degli Studi di Trento, Trento, Trentino-Alto Adige, IT

119. Department of Psychiatry and Psychotherapy, Medical Center, University of Freiburg, Faculty of Medicine, University of Freiburg, Freiburg, DE

120. Psychiatry, Kaiser Permanente Northern California, San Francisco, CA, US

121. Medical Research Council Human Genetics Unit, Institute of Genetics and Molecular Medicine, University of Edinburgh, Edinburgh, GB

122. Department of Psychiatry, University of Toronto, Toronto, ON, CA

123. Centre for Addiction and Mental Health, Toronto, ON, CA

124. Division of Psychiatry, University College London, London, GB

125. Neuroscience Therapeutic Area, Janssen Research and Development, LLC, Titusville, NJ, US

126. Institute of Molecular and Cell Biology, University of Tartu, Tartu, EE

127. Psychosis Research Unit, Aarhus University Hospital, Risskov, Aarhus, DK

128. University of Liverpool, Liverpool, GB

129. Mental Health Center Copenhagen, Copenhagen Universtity Hospital, Copenhagen, DK

130. Human Genetics and Computational Biomedicine, Pfizer Global Research and Development, Groton, CT, US

131. Psychiatry, Harvard Medical School, Boston, MA, US

132. Psychiatry, University of Iowa, Iowa City, IA, US

133. Department of Psychiatry and Behavioral Sciences, Johns Hopkins University, Baltimore, MD, US

134. Department of Psychiatry and Psychotherapy, University Medical Center Göttingen, Goettingen, Niedersachsen, DE

135. Human Genetics Branch, NIMH Division of Intramural Research Programs, Bethesda, MD, US

136. Faculty of Medicine, University of Iceland, Reykjavik, IS

137. Child and Adolescent Psychiatry, Erasmus MC, Rotterdam, Zuid-Holland, NL

138. Psychiatry, Erasmus MC, Rotterdam, Zuid-Holland, NL

139. Psychiatry, Dalhousie University, Halifax, NS, CA

140. Division of Epidemiology, New York State Psychiatric Institute, New York, NY, US

141. Department of Clinical Medicine, University of Copenhagen, Copenhagen, DK

142. Department of Medical & Molecular Genetics, King's College London, London, GB

143. Psychiatry & Behavioral Sciences, Stanford University, Stanford, CA, US

144. NIHR BRC for Mental Health, King's College London, London, GB

145. Genetics, University of North Carolina at Chapel Hill, Chapel Hill, NC, US

146. Psychiatry, University of North Carolina at Chapel Hill, Chapel Hill, NC, US

## Substance Use Disorder Working Group

Raymond K. Walters1, Amy E. Adkins2, Fazil Aliev3, Silviu-Alin Bacanu4, Anthony Batzler5, Sarah Bertelsen6, Joanna M. Biernacka7, Tim B. Bigdeli8, Li-Shiun Chen9, Yi-Ling Chou9, Franziska Degenhardt10, Anna R. Docherty11, Jerome Foo12, Louis Fox9, Josef Frank12, Ina Giegling13, Scott Gordon14, Laura M. Hack15, Annette M. Hartmann13, Sarah M. Hartz9, Stefanie Heilmann-Heimbach10, Stefan Herms10,16, Colin Hodgkinson17 , Per Hoffmann10,16, Jouke Jan Hottenga18, Emma C. Johnson9, Martin A. Kennedy19, Bettina Konte13, Jari Lahti20,21, Marius Lahti-Pulkkinen21, Lannie Ligthart18, Anu Loukola22, Brion S. Maher23, Hamdi Mbarek18, Matthew B. McQueen24, Yuri Milaneschi25, Teemu Palviainen22, John F. Pearson26, Roseann E. Peterson27, Renato Polimanti28, Euijung Ryu29, Nancy L. Saccone30, Jessica E. Salvatore3,27, Melanie Schwandt31, Richard Sherva32, Fabian Streit12, Jana Strohmaier12, Nathaniel Thomas2, Jen-Chyong Wang6, Bradley T. Webb4, Robbee Wedow33, Leah Wetherill34, Amanda G. Wills35, Jason D. Boardman33, Danfeng Chen36, Doo-Sup Choi37, William E. Copeland38, Robert C. Culverhouse39, Norbert Dahmen40, Louisa Degenhardt41, Benjamin W. Domingue42, Mark Frye43, Wolfgang Gäbel44, Marcus Ising45, Margaret Keyes46, Falk Kiefer47, John Kramer48, Samuel Kuperman48, Susanne Lucae45, Michael T. Lynskey49, Wolfgang Maier50, Karl Mann47, Jeanette Nance McClintick51, Jacquelyn L. Meyers52, Bertram Müller-Myhsok53, John I. Nurnberger34,54, Aarno Palotie,1,22,55 Ulrich Preuss13,56, Katri Räikkönen21, Maureen D. Reynolds57, Monika Ridinger58, Norbert Scherbaum59, Marc Schuckit60, Michael Soyka61,62, Jens Treutlein12, Stephanie Witt12, Norbert Wodarz63, Peter Zill62, Daniel E. Adkins11,64, Joseph M. Boden19, Dorret Boomsma18, Laura J. Bierut9, Sandra A. Brown60,65, Kathleen K. Bucholz9, Sven Cichon16, E. Jane Costello38, Nancy Diazgranados66 , Danielle M. Dick2,67, Johan G. Eriksson68, Lindsay A. Farrer32,69, Tatiana M. Foroud34, Nathan A. Gillespie27, Alison M. Goate6, David Goldman17,31, Richard A. Grucza9, Dana B. Hancock70, Kathleen Mullan Harris71, Andrew C. Heath9, Victor Hesselbrock72, John K. Hewitt73, Christian Hopfer74, John Horwood19, William Iacono46, Eric O. Johnson75, Jaakko A. Kaprio22,76, Victor Karpyak43, Kenneth S. Kendler4, Henry R. Kranzler77, Kenneth Krauter78, Paul Lichtenstein79, Penelope A. Lind14, Matt McGue46, Pamela A. F. Madden9, Hermine Maes80, Patrik Magnusson79, Nicholas G. Martin14, Sarah E. Medland14, Grant W. Montgomery81, Elliot C. Nelson9, Markus M. Nöthen82, Nancy L. Pedersen79, Brenda Penninx25, Bernice Porjesz52, John P. Rice9, Marcella Rietschel12, Brien P. Riley4, Richard Rose83, Dan Rujescu13, Pei-Hong Shen17 , Judy Silberg27, Michael C. Stallings73, Ralph E. Tarter57, Michael M. Vanyukov57, Scott Vrieze46, Tamara L. Wall60, John B. Whitfield14, Hongyu Zhao84, Benjamin M. Neale1, Joel Gelernter85\*, Howard J. Edenberg34,51\*, Arpana Agrawal9\*

1 Analytic and Translational Genetics Unit, Department of Medicine, Massachusetts General Hospital and Harvard Medical School, Boston, Massachusetts, USA; Stanley Center for Psychiatric Research, Broad Institute of MIT and Harvard, Cambridge, Massachusetts, USA

2 Department of Psychology & College Behavioral and Emotional Health Institute, Virginia Commonwealth University

3 Virginia Commonwealth University, Department of Psychology

4 Virginia Commonwealth University Alcohol Research Center; Virginia Institute for Psychiatric and Behavioral Genetics; Department of Psychiatry, Virginia Commonwealth University

5 Mayo Clinic, Psychiatric Genomics and Pharmacogenomics Program

6 Icahn School of Medicine at Mount Sinai, Department of Neuroscience

7 Mayo Clinic, Department of Health Sciences Research, and Department of Psychiatry and Psychology

8 Department of Psychiatry and Behavioral Sciences, State University of New York Downstate Medical Center

9 Washington University School of Medicine, Department of Psychiatry

10 Institute of Human Genetics, University of Bonn; and Department of Genomics, Life & Brain Center, University of Bonn

11 University of Utah, Department of Psychiatry

12 Department of Genetic Epidemiology in Psychiatry, Central Institute of Mental Health, Medical Faculty Mannheim, Heidelberg University

13 Martin-Luther-University Halle-Wittenberg, Department of Psychiatry, Psychotherapy and Psychosomatics

14 QIMR Berghofer Medical Research Institute

15 Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine

16 Human Genomics Research Group, Department of Biomedicine, University of Basel Institute of Medical Genetics and Pathology, University Hospital Basel

17 NIH/NIAAA, Laboratory of Neurogenetics, NIAAA, NIH, USA

18 Department of Biological Psychology, Amsterdam Public Health Research Institute, Vrije Universiteit Amsterdam, Amsterdam, the Netherlands

19 University of Otago, Christchurch, New Zealand

20 Helsinki Collegium for Advanced Studies, University of Helsinki, Helsinki, Finland

21 Department of Psychology and Logopedics, University of Helsinki, Helsinki, Finland

22 Institute for Molecular Medicine Finland (FIMM), University of Helsinki, Finland

23 Johns Hopkins Bloomberg School of Public Health

24 Department of Integrative Physiology, University of Colorado Boulder

25 Department of Psychiatry, Amsterdam Public Health Research Institute, VU University Medical Center/GGz inGeest, Amsterdam, the Netherlands

26 Biostatistics and Computational Biology Unit, University of Otago, Christchurch, New Zealand

27 Virginia Commonwealth University, Virginia Institute for Psychiatric and Behavioral Genetics, Department of Psychiatry

28 Department of Psychiatry, Yale School of Medicine and VA CT Healthcare Center, West Haven, CT, USA

29 Mayo Clinic, Department of Health Sciences Research

30 Washington University School of Medicine, Department of Genetics

31 NIH/NIAAA, Office of the Clinical Director

32 Department of Medicine (Biomedical Genetics), Boston University School of Medicine

33 Institute of Behavioral Science and Department of Sociology, University of Colorado

34 Indiana University School of Medicine, Department of Medical and Molecular Genetics

35 University of Colorado School of Medicine, Department of Pharmacology

36 Stanley Center for Psychiatric Research, Broad Institute of MIT and Harvard, Cambridge, Massachusetts, USA

37 Mayo Clinic, Department of Molecular Pharmacology and Experimental Therapeutics

38 Duke University Medical Center, Department of Psychiatry and Behavioral Sciences

39 Washington University School of Medicine, Department of Medicine and Division of Biostatistics

40 Department of Psychiatry, University of Mainz

41 National Drug and Alcohol Research Centre, University of New South Wales

42 Stanford University Graduate School of Education

43 Mayo Clinic, Department of Psychiatry and Psychology

44 Department of Psychiatry and Psychotherapy, University of Düsseldorf

45 Max-Planck-Institute of Psychiatry

46 University of Minnesota, Department of Psychology

47 Department of Addictive Behavior and Addiction Medicine, Central Institute of Mental Health, Medical Faculty Mannheim, Heidelberg University

48 University of Iowa Roy J and Lucille A Carver College of Medicine, Department of Psychiatry

49 Addictions Dept, Institute of Psychiatry, Psychology & Neuroscience, King's College London

50 Department of Psychiatry, University of Bonn

51 Indiana University School of Medicine, Biochemistry/Molecular Biology

52 Henri Begleiter Neurodynamics Laboratory, Department of Psychiatry and Behavioral Sciences, SUNY Downstate Medical Center

53 Department of Statistical Genetics, Max-Planck-Institute of Psychiatry

54 Department of Psychiatry, Indiana University School of Medicine

55 Department of Medicine, Department of Neurology and Department of Psychiatry, Massachusetts General Hospital, Boston, MA, USA

56 Vitos Hospital Herborn, Dept. of Psychiatry and Psychotherapy, Herborn

57 University of Pittsburgh, School of Pharmacy

58 Department of Psychiatry and Psychotherapy, University of Regensburg Psychiatric Health Care Aargau

59 LVR-Hospital Essen, Department of Psychiatry and Psychotherapy, Department of Addictive Behaviour and Addiction Medicine, Medical Faculty, University of Duisburg-Essen

60 University of California San Diego, Department of Psychiatry

61 Medical Park Chiemseeblick in Bernau-Felden

62 Psychiatric Hospital, Ludwig-Maximilians-University

63 Department of Psychiatry and Psychotherapy, University of Regensburg

64 University of Utah, Department of Sociology

65 University of California, San Diego School of Medicine, Department of Psychology

66 NIAAA Intramural Research Program

67 Department of Human & Molecular Genetics, Virginia Commonwealth University

68 Department of General Practice and Primary Health Care, University of Helsinki, Helsinki, Finland and National Institute for Health and Welfare, Finland

69 Departments of Neurology, Ophthalmology, Epidemiology, and Biostatistics, Boston University Schools of Medicine and Public Health

70 RTI International, Behavioral and Urban Health Program, Behavioral Health and Criminal Justice Division

71 Department of Sociology and Carolina Population Center, University of North Carolina at Chapel Hill

72 University of Connecticut School of Medicine, Department of Psychiatry

73 University of Colorado Boulder, Institute for Behavioral Genetics

74 University of Colorado Denver, School of Medicine

75 RTI International, Fellows Program

76 Department of Public Health, University of Helsinki, Helsinki, Finland

77 University of Pennsylvania Perelman School of Medicine, Center for Studies of Addiction, Department of Psychiatry and VISN 4 MIRECC, Crescenz VAMC

78 University of Colorado Boulder, Department of Molecular, Cellular, and Developmental Biology

79 Department of Medical Epidemiology and Biostatistics, Karolinska Instituet, Stockholm, Sweden

80 Virginia Commonwealth University, Virginia Institute for Psychiatric and Behavioral Genetics

81 The Institute for Molecular Bioscience, University of Queensland

82 Institute of Human Genetics, University of Bonn School of Medicine & University Hospital Bonn

83 Department of Psychological & Brain Sciences, Indiana University, Bloomington, IN

84 Department of Biostatistics, Yale School of Public Health, Yale University

85 Departments of Psychiatry, Genetics, and Neuroscience, Yale University School of Medicine; VA Connecticut Healthcare System

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Collaborators for the 23andMe Research Team are: Michelle Agee, Babak Alipanahi, Adam Auton, Robert K. Bell, Katarzyna Bryc, Sarah L. Elson, Pierre Fontanillas, Nicholas A. Furlotte, David A. Hinds, Karen E. Huber, Aaron Kleinman, Nadia K. Litterman, Matthew H. McIntyre, Joanna L. Mountain, Elizabeth S. Noblin, Carrie A.M. Northover, Steven J. Pitts, J. Fah Sathirapongsasuti, Olga V. Sazonova, Janie F. Shelton, Suyash Shringarpure, Chao Tian, Joyce Y. Tung, Vladimir Vacic, Catherine H. Wilson. We thank the research participants of 23andMe.

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