**Supplementary table 2: Mean EPDS score across time in the three groups**

|  |  |  |  |
| --- | --- | --- | --- |
|  | EPDS≥10  μ ± SE (CI) | | |
|  | **Singing** | **Play** | **Control** |
| Baseline | 13.85 ± 0.44 (12.98-14.73) | 13.83 ± 0.47 (12.90-14.77) | 13.05 ± 0.46 (12.14-13.97) |
| Week 6 | 9.46 ± 0.61 (8.25-10.67) | 10.86 ± 0.65 (9.56-12.15) | 10.18 ± 0.64 (8.92-11.45) |
| Week 10 | 8.67 ± 0.41 (7.86-9.48) | 9.05 ± 0.44 (8.18-9.91) | 8.80 ± 0.43 (7.95-9.64) |
|  | **EPDS≥13**  μ ± SE (CI) | | |
|  | **Singing** | **Play** | **Control** |
| Baseline | 15.73 ± 0.44 (14.86-16.61) | 16.00 ± 0.50 (15.00-17.00) | 15.46 ± 0.51 (14.44-16.47) |
| Week 6 | 10.27 ± 0.79 (8.70-11.83) | 12.57 ± 0.90 (10.78-14.35) | 12.82 ± 0.92 (11.00-14.65) |
| Week 10 | 9.40 ± 0.55 (8.31-10.49) | 9.96 ± 0.62 (8.71-11.20) | 9.73 ± 0.64 (8.46-11.00) |

*Notes:* μ = mean; SE = standard error; CI = 95% confidence intervals