**Supplementary Table 2**

Amounts of resistant starch (RS) in green banana biomass

|  |  |  |
| --- | --- | --- |
| Sample lots | Brix scale | RS (%) |
| 6473jpbbv | 6.3 | 12.77 |
| 6486elbbv | 8.0 | 12.59 |
| 6471smbbvin | 7.4 | 8.00 |

According to Goni I., et al [20].