**Supplementary tables**

**Supplementary Table 1** : List of the 188 food-texture combinations and their texture levels assignment (presented in this order in the questionnaire)

| **Food category** | **Food-texture combination** | **Texture level** |
| --- | --- | --- |
| Commercial baby foods | Fruit purees | T1 |
| Yoghurt | T1 |
| Custard | T1 |
| Petit-Suisse cheese | T1 |
| Rice pudding | T1 |
| Ready-prepared infant cereals  | T1 |
| Biscuits | T3 |
| Vegetable soup | T1 |
| Smooth vegetable purees | T1 |
| Rough vegetable purees | T1 |
| Preparation for 6 mo-old infants | T1 |
| Preparation for 8-10 mo-old infants | T1 |
| Preparation for 12 mo-old infants | T2 |
| Preparation for 15 mo-old infants | T2 |
| Preparation for 18 mo-old infants | T3 |
| Preparation for 24 mo-old infants | T3 |
| Vegetable and potato | Smooth carrot puree | T1 |
| Rough carrot puree | T1 |
| Cooked carrot in small pieces | T2 |
| Cooked carrot in large pieces | T3 |
| Grated raw carrot | T3 |
| Raw carrot in small pieces | T3 |
| Raw carrot in large pieces | T3 |
| Smooth green bean puree | T1 |
| Rough green bean puree | T1 |
| Cooked green bean in small pieces | T2 |
| Cooked green bean in large pieces | T3 |
| Whole cooked green beans | T3 |
| Rough spinach/leek purees | T1 |
| Cooked spinach/leek coarsely chopped  | T2 |
| Cooked spinach/leek coarsely in pieces | T3 |
| Smooth cauliflower/broccoli purees | T1 |
| Rough cauliflower/broccoli purees | T1 |
| Cooked cauliflower/broccoli in small pieces | T2 |
| Cooked cauliflower/broccoli in large pieces | T3 |
| Smooth potato puree | T1 |
| Rough potato puree | T1 |
| French fries | T3 |
| Cooked potatoes in small pieces | T2 |
| Cooked potatoes in large pieces | T3 |
| Cooked minced tomato | T1 |
| Cooked tomato in small pieces | T2 |
| Cooked tomato in large pieces | T3 |
| Raw tomato in small pieces | T3 |
| Raw tomato in large pieces | T3 |
| Whole raw tomato | T3 |
| Rough lentils/white beans/corn/green pea puree  | T1 |
| Whole cooked lentils/white beans/corn/green pea | T3 |
| Rough zucchini/eggplant/pepper/pumpkin purees | T1 |
| Cooked zucchini/ eggplant /pepper/pumpkin in small pieces | T2 |
| Cooked zucchini/ eggplant/pepper/pumpkin in large pieces | T3 |
| Grated raw cucumber | T3 |
| Raw cucumber in small pieces | T3 |
| Raw cucumber in large pieces | T3 |
| Raw radish slices | T3 |
| Whole raw radish | T3 |
| Smooth beetroot/turnip/celery/parsnip puree | T1 |
| Rough beetroot/turnip/celery/parsnip puree | T1 |
| Cooked beetroot/turnip/celery/parsnip in small pieces | T2 |
| Cooked beetroot/turnip/celery/parsnip in large pieces | T3 |
| Mushroom soup  | T1 |
| Cooked mushrooms in small pieces | T2 |
| Whole cooked mushrooms | T3 |
| Raw mushrooms in small pieces | T3 |
| Whole raw mushrooms | T3 |
| Cooked asparagus in pieces | T3 |
| Raw salad/cabbages in pieces | T3 |
| Cooked cabbage/cardoon/chard in small pieces | T2 |
| Cooked cabbage/cardoon/chard in large pieces | T3 |
| Unblended vegetable soup with pieces | T3 |
| Fruit | Smooth applesauce | T1 |
| Rough applesauce | T1 |
| Cooked apple in small pieces | T2 |
| Cooked apple in large pieces | T3 |
| Raw apple in small pieces | T3 |
| Raw apple in large pieces | T3 |
| Whole raw apple | T3 |
| Smooth pear sauce | T1 |
| Rough pear sauce | T1 |
| Cooked pear in small pieces | T2 |
| Cooked pear in large pieces | T3 |
| Raw pear in small pieces | T3 |
| Raw pear in large pieces | T3 |
| Whole raw pear | T3 |
| Smooth banana puree | T1 |
| Rough banana puree | T1 |
| Raw banana in small pieces | T2 |
| Raw banana in large pieces. slices included | T3 |
| Smooth apricot/peach/plum/cherry puree | T1 |
| Rough apricot/peach/plum/cherry puree | T1 |
| Cooked apricot/peach/plum/cherry in small pieces | T2 |
| Cooked apricot/peach/plum/cherry in large pieces | T3 |
| Raw apricot/peach/plum/cherry in small pieces | T3 |
| Raw apricot/peach/plum/cherry in large pieces | T3 |
| Whole raw apricot/peach/plum/cherry | T3 |
| Raw citruses in small pieces | T3 |
| Raw citruses in large pieces | T3 |
| Raw red berries in pieces | T3 |
| Whole raw red berries  | T3 |
| Raw melon/watermelon in small pieces | T3 |
| Raw melon/watermelon in large pieces | T3 |
| Grape in pieces | T3 |
| Whole grape | T3 |
| Raw kiwi in small pieces | T3  |
| Raw kiwi in large pieces | T3 |
| Raw mango in small pieces | T3 |
| Raw mango in large pieces | T3 |
| Raw pineapple in small pieces | T3 |
| Raw pineapple in large pieces | T3 |
| Rough rhubarb puree | T1 |
| Cooked rhubarb in pieces | T2 |
| Fruit-based salad | T3 |
| Meat | Minced cooked ham | T2 |
| Cooked ham in small pieces | T3 |
| Cooked ham in large pieces | T3 |
| Minced meat (all types of meat) | T2 |
| Cooked meat in small pieces | T3 |
| Cooked meat in large pieces | T3 |
| Cooked sausage in small pieces | T3 |
| Cooked sausage in large pieces | T3 |
| Cooked nuggets in small pieces | T3 |
| Cooked nuggets in large pieces | T3 |
| Whole cooked nuggets | T3 |
| Dry sausage in small pieces | T3 |
| Dry sausage in slices | T3 |
| Fish | Breaded fish in small pieces | T3 |
| Whole breaded fish stick | T3 |
| Smoked salmon in small pieces | T2 |
| Smoked salmon in large pieces | T3 |
| Minced cooked fish (all types of fish) | T2 |
| Cooked fish in small pieces | T2 |
| Cooked fish in large pieces | T3 |
| Flaked canned tuna | T2 |
| Canned tuna in pieces | T3 |
| Shrimp in small pieces | T2 |
| Shrimp in large pieces | T3 |
| Whole shrimp | T3 |
| Surimi in small pieces | T2 |
| Surimi in large pieces | T3 |
| Whole surimi | T3 |
| Egg | Hard-boiled egg | T2 |
| Fried egg | T2 |
| Omelette | T2 |
| Cereals | Soft bread | T2 |
| Bread in small pieces | T3 |
| Slice of bread | T3 |
| Crusty bread ending | T3 |
| Bread crust | T3 |
| Small pasta (star pasta. letter pasta) | T2 |
| Shell-shape pasta | T2 |
| Long pasta in pieces (spaghetti. fettucini etc.) | T3 |
| Other pasta (penne. farfalle) | T3 |
| Raviolis | T3 |
| Polenta. semolina. rice | T2 |
| Savoury cereal based preparations (i.e. risotto) | T2 |
| Sweet cereal based preparations (i.e. rice pudding) | T2 |
| Corn flakes | T3 |
| Puffed rice | T3 |
| Muesli | T3 |
| Porridge | T3 |
| Cheese and dairy products | Hard cheese in small pieces | T3 |
| Hard cheese in stick | T3 |
| Cheese spread (e.g. kiri®) | T2 |
| Cheese spread in small pieces | T2 |
| Whole cheese spread | T3 |
| Soft cheese in small pieces | T2 |
| Slice of soft cheese | T3 |
| White cheese | T1 |
| White cheese with pieces  | T3 |
| Yoghurt | T1 |
| Yoghurt with pieces | T3 |
| Petit-suisse cheese | T1 |
| Custard | T1 |
| Miscellaneous savoury and sweet foods | Meringue | T3 |
| Madeleine | T3 |
| Wafer | T3 |
| Boudoirs | T3 |
| Butter-biscuit | T3 |
| Shortbread | T3 |
| Chocolate candy | T3 |
| Soft caramel | T3 |
| Jelly candy | T3 |
| Chocolate squares | T3 |
| Croissant | T2 |
| Milk bread | T2 |
| Chips | T3 |
| Little puff | T2 |
| Pretzel | T3 |

**Supplementary Table 2a**: Associations between TextExp and maternal and children’s characteristics, feeding practices and mothers’ feelings regarding the introduction of solid foods by age class (from 4 to 11 mo) from bivariate linear regression models

|  | **4-5 mo** | **6 mo** | **7 mo** | **8 mo** | **9 mo** | **10 mo** | **11 mo** |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) |
|  | p\*\* | p\*\* | p\*\* | p\*\* | p\*\* | p\*\* | p\*\* |
| **Maternal characteristics** |  |  |  |  |  |  |  |
| **Age** | 0.54 | **0.03 -0.2 (-0.5;-0.02)** | 0.95 | 0.10 | **0.004 -0.7 (-1.2;-0.2)** | **0.002 -0.9 (-1.4;-0.3)** | **0.0004 -1.2 (-1.9;-0.5)** |
| **Higher education level a** | 0.49 | 0.14 | 0.83 | 0.94 | 0.49 | 0.20 | 0.34 |
| **Children’s characteristics** |  |  |  |  |  |  |  |
| **Sex** | 0.30 | 0.70 | 0.36 | 0.10 | 0.91 | 0.41 | 0.16 |
| **Birth order b** | 0.98 | 0.13 | 0.62 | 0.91 | 0.11 | 0.27 | 0.23 |
| **Current weight-for-length z-score** | 0.45 | 0.84 | 0.08 | **0.007 -1.5 (-2.6; -0.4)** | **0.04 1.8 (0.1; 3.5)** | 0.08 | 0.96 |
| **Number of teeth** | **<0.0001 5 (4.5;5.6)** | **<0.0001 3.7 (3.1;4.3)** | **0.0002 1.3 (0.6;2)** | **<0.0001 1.7 (1; 2.4)** | 0.93 | 0.20 | 0.25 |
| **Gagging c** | 0.57 | 0.34 | 0.92 | 0.79 | 0.55 | 0.96 | 0.26 |
| **Sitting up alone** | **0.0002** | **0.0002** | **0.0004** | 0.13 | 0.46 | - | **-** |
| Never/rarely | **0.0002 -7.5 (-11 ;-3.6)** | **0.0002 -3.8 (-5.7;-1.8)** | **0.0003 -4 (-6.2;-1.8)** |  |  |  |  |
| Sometimes/often | Reference | Reference | Reference |  |  |  |  |
| **Eating with fingers** | **<0.0001** | **0.002** | **0.002** | **0.0008** | **<0.0001** | **<0.0001** | **<0.0001** |
| Never/rarely | **<0.0001 -22(-28 ;-15)** | **0.002 -6.1 (-10 ;-2)** | **0.002 -5.5 (-8.9 ;-2.1)** | **0.0008 -6.9 (-11 ;-3)** | **<0.0001 -13 (-17 ;-9)** | **<0.0001 -10 (-15 ;-5)** | **<0.0001 -11 (-16 ;-6)** |
| Sometimes/often | Reference | Reference | Reference | Reference | Reference | Reference | Reference |
| **Feeding practices** |  |  |  |  |  |  |  |
| **Any breastfeeding** | **0.04**  | 0.23 | 0.29 | 0.81 | 0.66 | 0.90 | **0.009** |
| No | **0.04 4 (0.3;7.7)** |  |  |  |  |  | **0.009 -7.6 (-13.2;-1.9)** |
| Yes | Reference |  |  |  |  |  | Reference |
| **Age of complementary feeding** | 0.82 | **<0.0001 -5.6 (-7;-4.3)** | **0.0003 -2.6 (-4;-1.2)** | **<0.0001 -3.7 (-5.4;-2)** | **0.0005 -4 (-6.3;-1.8)** | **0.04 -3.1 (-6;-0.1)** | **0.002 -5.6 (-9;-2.2)** |
| **Food preparation types** | 0.56 | 0.45 | 0.09 | **0.03** | **0.001** | 0.10 | **0.03** |
| Exclusive use of ready-prepared baby food |  |  |  | **0.008 -5.6 (-9.8;-1.5)** | **0.02 -6.3 (-11.6;-1)** |  | **0.03 -7.9 (-15.1;-0.7)** |
| Exclusive use of home-made food and/or non-specific foods |  |  |  | 0.34 -1.8 (-5.5;1.9) | **0.02 7.1 (1.2;12.9)** |  | 0.28 3.7 (-3.2;10.7) |
| Use of both ready-prepared baby foods and home-made foods |  |  |  | Reference | Reference |  | Reference |
| **Meal taken with the family** | **0.0007** | 0.22 | **0.048** | **0.006** | **<0.0001** | 0.17 | 0.33 |
| Yes | **0.0007 8 (3.4;12.5)** |  | **0.048 2.5 (0.02; 5)** | **0.006 4.7 (1.3; 8)** | **<0.0001 9.4 (4.8;14)** |  |  |
| No | Reference |  |  | Reference | Reference |  |  |
| **Meal taken at daycare (yes/no)** | 0.74 | 0.11 | 0.90 | 0.70 | 0.87 | 0.87 | 0.98 |
| **Feelings regarding the introduction of solids**  | 0.06 | 0.58 | 0.052 | 0.58 | 0.10 | 0.30 | **0.001** |
| Eager |  |  |  |  |  |  | **0.03 -7.9 (-14.4;-0.7)** |
| Reluctant |  |  |  |  |  |  | **0.28 3.8 (-3.2;10.7)** |
| Unconcerned |  |  |  |  |  |  | Reference |
| **Sources of information for advice on complementary feeding practices** |  |  |  |  |  |  |  |
| **Health professionals** | 0.61 | **0.006** | 0.22 | 0.89 | 0.19 | 0.86 | 0.41 |
| No |  | **0.006 5 (1.4;8.4)** |  |  |  |  |  |
| Yes |  | Reference |  |  |  |  |  |
| **Close relations (yes/no)** | 0.72 | 0.69 | 0.99 | 0.51 | 0.47 | 0.98 | 0.18 |
| **Personal experience** | 0.92 | 0.27 | 0.96 | 0.86 | **0.004** | 0.60 | 0.29 |
| Yes |  |  |  |  | **0.004 7.2 (2.3;12)** |  |  |
| No |  |  |  |  | Reference |  |  |
| **Literature (yes/no)** | 0.45 | 0.052 | 0.82 | 0.44 | 0.38 | 0.10 | 0.96 |
| **Web (yes/no)** | 0.09 | 0.11 | 0.26 | 0.68 | 0.13 | 0.89 | 0.056 |

a: classified in 3 modalities (high school diploma at the most; 2 or 3-yr university degree; master and doctoral degree)

b: classified in 2 modalities (1st born; 2nd born and over)

c: classified in 3 modalities (sometimes/often; rarely; never)

'-': not tested for the given age because of insufficient sample size in some modalities

\*p-value associated with the variable of interest

\*\*p-value associated with the modality of the variable (if any)

Bold values indicate significant p-values at the 5% level

**Supplementary Table 2b**: Associations between TextExp and maternal and children’s characteristics, feeding practices and mothers’ feelings regarding the introduction of solid foods by age class (from 12 to 36 mo) from bivariate linear regression models

|  | **12 mo** | **13-15 mo** | **16-18 mo** | **19-21 mo** | **22-24 mo** | **25-29 mo** | **30-36 mo** |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) | p\* β (95%IC) |
|  | p\*\* | p\*\* | p\*\* | p\*\* | p\*\* | p\*\* | p\*\* |
| **Maternal characteristics** |  |  |  |  |  |  |  |
| **Age** | 0.06 | **0.007 -0.8 (-1.4;-0.2)** | 0.32 | 0.052 | 0.12 | **0.02 -1 (-1.9;-0.1)** | 0.79 |
| **Higher education level a** | 0.81 | 0.81 | 0.96 | 0.49 | 0.17 | 0.95 | 0.31 |
| **Children’s characteristics** |  |  |  |  |  |  |  |
| **Number of teeth** | **0.025 1.7 (0.2;3.2)** | 0.07 | **0.009 1.3 (0.3;2.3)** | 0.18 | **0.003 2.2 (0.8;3.6)** | **0.02 1.8 (0.3;3.4)** | 0.57 |
| **Sex** | 0.65 | 0.36 | 0.43 | 0.14 | 0.50 | 0.21 | 0.21 |
| **Birth order** | 0.21 | 0.50 | 0.27 | 0.47 | 0.84 | **0.01** | 0.33 |
| 1st born |  |  |  |  |  | Reference |  |
| 2nd born and over |  |  |  |  |  | **0.01 -13 (-23;-3)** |  |
| **Current weight-for-length z-score** | 0.46 | 0.25 | 0.14 | 0.89 | 0.91 | 0.30 | 0.20 |
| **Gagging** | 0.63 | **0.001** | **0.0003** | 0.08 | 0.72 | **0.01** | 0.31 |
| Sometimes/often |  | **0.0004 -14(-21;-6)** | **0.0003 -20.4(-30;-10.6)** |  |  | **0.003 -20.1(-34.8;-7)** |  |
| Rarely |  | 0.38 -2.6 (-8.6;3.2) | 0.40 -3.6 (-11.6;4.4) |  |  | 0.95 -0.3 (-10;9.4) |  |
| Never |  | Reference | Reference |  |  | Reference |  |
| **Eating with fingers** | **<0.0001** | **<0.0001** | **<0.0001** | **0.001** | 0.40 | 0.79 | 0.74 |
| Never/rarely | **<0.0001 -17 (-25 ;-9)** | **<0.0001 -20 (-26 ;-14)** | **<0.0001 -24 (-35 ;-11)** | **0.001 -20 (-32 ;-8)** |  |  |  |
| Sometimes/often | Reference |  Reference |  Reference | Reference |  |  |  |
| **Self-feeding with a fork** | - | **<0.0001** | **<0.0001** | **<0.0001** | **<0.0001** | - | **-** |
| Never/rarely |  | **<0.0001 -34 (-42 ;-27)** | **<0.0001 -25 (-32 ;-19)** | **<0.0001 -24 (-31 ;-17)** | **<0.0001 -27 (-38 ;-16)** |  |  |
| Sometimes/often |  | Reference | Reference | Reference | Reference |  |  |
| **Feeding practices** |  |  |  |  |  |  |  |
| **Any breastfeeding** | 0.31 | **0.004** | 0.15 | 0.88 | 0.80 | **0.003** | 0.48 |
| No |  | **0.004 -8 (-13.4;-2.6)** |  |  |  | **0.003 -12.8(-21;-4.4)** |  |
| Yes |  | Reference |  |  |  | Reference | Reference |
| **Age of complementary feeding** | **0.005 -4.4 (-7.4;-1.3)** | 0.07 | **0.0004 -5.3 (-8.2;-2.4)** | **0.004 -4.5 (-7.6;-1.4)** | 0.32 | **0.001 -3.9 (-6.3;-1.5)** | 0.96 |
| **Food preparation types** | **0.0005** | **<0.0001** | **<0.0001** | **0.0006** | **0.03** | **<0.0001** | **0.01** |
| Exclusive use of ready-prepared baby food | **0.0005 -19 (-30;-8.4)** | **0.0002 -14.5(-22;-7)** | **0.02 -18.7(-34;-3.5)** | **0.002 -25 (-40;-9)** | 0.30 -12.8 (-37;11.5) | **0.005 -41 (-70;-12)** | 0.56 -16 (-70;38) |
| Exclusive use of home-made food and/or non-specific foods | 0.23 5.9 (-4;16) | **<0.0001 19 (13;24)** | **<0.0001 20 (13;27)** | 0.10 6 (-1.3;13) | **0.03 10 (1.1;18.9)** | **0.001 14.8 (6;24)** | **0.008 18.2 (4.8;31.6)** |
| Use of both ready-prepared baby foods and home-made foods | Reference | Reference | Reference | Reference | Reference | Reference | Reference |
| **Meal taken with the family**  | **0.002** | **<0.0001** | **<0.0001** | **<0.0001** | **<0.0001** | **<0.0001** | **0.009** |
| Yes | **0.002 12.8 (4.9;20.6)** | **<0.0001 12.8 (7.5;18)** | **<0.0001 16.5(9.5;23)** | **<0.0001 14.3 (7;21)** | **<0.0001 19.5(10;29)** | **<0.0001 26 (15.3;36)** | **0.009 19.4 (5;34)** |
| No | Reference | Reference | Reference | Reference | Reference | Reference | Reference |
| **Meal taken at daycare** | 0.37 | 0.38 | 0.90 | 0.74 | 0.63 | 0.52 | **0.03** |
| Yes |  |  |  |  |  |  | **0.03 10.6 (0.9;20.3)** |
| No |  |  |  |  |  |  | Reference |
| **Feelings regarding the introduction of solids**  | 0.65 | **<0.0001** | **<0.0001** | **<0.0001** | **0.03** | **0.005** | **0.0004** |
| Eager |  | 0.08 -6.4 (-14;0.8) | 0.74 1.7 (-8.3;11.7) | 0.42 3.8 (-5.4;13) | 0.73 2 (-9.5;13.5) | 0.41 -5.2 (-17.6;7.3) | 0.39 -5.2 (-17;6.7) |
| Reluctant |  | **<0.0001 -16.1 (-22;-10)** | **<0.0001 -19 (-26.5;-11.5)** | **0.0002 -15 (-22;-7)** | **0.02 -11 (-21;-1.4)** | **0.001 -14.5 (-23.2;-6)** | **<0.0001 -22 (-33;-11)** |
| Unconcerned |  | Reference | Reference | Reference | Reference | Reference | Reference |
| **Sources of information for advice on complementary feeding practices** |  |  |  |  |  |  |  |
| **Health professional (yes/no)** | 0.29 | 0.32 | 0.38 | 0.89 | 0.90 | 0.39 | 0.28 |
| **Close relations**  | **0.02** | 0.78 | 0.18 | 0.68 | 0.70 | 0.42 | 0.45 |
| Yes | **0.02 -9.5 (-17.7;-1.3)** |  |  |  |  |  |  |
| No | Reference |  |  |  |  |  |  |
| **Personal experience (yes/no)** | 0.32 | 0.16 | 0.84 | 0.16 | 0.61 | 0.57 | 0.08 |
| **Literature (yes/no)** | 0.37 | 0.67 | 0.55 | 0.55 | 0.62 | 0.69 | 0.91 |
| **Web (yes/no)** | 0.32 | 0.93 | 0.76 | 0.19 | 0.43 | 0.93 | 0.99 |

a: classified in 3 modalities (high school diploma at the most; 2 or 3-yr university degree; Master and doctoral degree)

'-': not tested for the given age because of insufficient sample size in some modalities (<10% of the population for the investigated age class)

\*p-value associated with the variable of interest

\*\*p-value associated with the modality of the variable (if any)

Bold values indicate significant p-values at the 5% level

**Supplementary Table 3 :** Frequency of the food offered in the global population

|   | **Foods** | **All ages confounded** | **4-5****mo** | **6****mo** | **7****mo** | **8****mo** | **9****mo** | **10****mo** | **11****mo** | **12****mo** | **13-15 mo** | **16-18 mo** | **19-21 mo** | **22-24 mo** | **25-29 mo** | **30-36 mo** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Commercial baby foods | Fruit purees | **76.7** | 66.20 | 73.50 | 77.45 | 81.48 | 82.89 | 82.56 | 82.14 | 77.37 | 79.19 | 73.84 | 72.44 | 79.21 | 70.44 | 72.80 |
| Dairy products | **73.1** | 23.24 | 36.04 | 57.87 | 74.07 | 81.82 | 83.08 | 82.14 | 86.86 | 85.41 | 82.44 | 84.65 | 85.39 | 76.35 | 81.60 |
| Ready-prepared preparation | **72.0** | 18.31 | 27.56 | 57.45 | 69.96 | 81.28 | 84.62 | 85.71 | 88.32 | 85.68 | 82.44 | 84.65 | 83.71 | 77.34 | 79.20 |
| Vegetables | **71.0** | 66.90 | 71.73 | 75.74 | 75.72 | 74.87 | 75.90 | 75.00 | 72.26 | 73.51 | 66.67 | 66.93 | 69.10 | 62.07 | 64.00 |
| Infant cereals | **67.7** | 47.18 | 48.41 | 60.43 | 61.73 | 70.05 | 71.28 | 75.00 | 73.72 | 78.65 | 72.76 | 72.05 | 74.16 | 70.94 | 68.00 |
| Baby biscuits | **52.4** | 3.52 | 2.47 | 9.36 | 19.75 | 32.09 | 56.92 | 67.26 | 81.02 | 81.35 | 79.93 | 77.17 | 75.84 | 74.88 | 68.80 |
| Vegetable and potato | Carrot | **97.0** | 90.14 | 92.93 | 98.30 | 99.18 | 95.19 | 98.46 | 98.21 | 98.54 | 97.03 | 98.57 | 97.24 | 97.75 | 98.03 | 96.80 |
| Green beans | **92.2** | 66.90 | 83.39 | 91.49 | 93.42 | 92.51 | 94.36 | 95.24 | 95.62 | 95.95 | 94.98 | 93.31 | 96.63 | 97.04 | 95.20 |
| Zucchini/eggplant/pepper/pumpkin | **90.6** | 61.27 | 79.15 | 86.81 | 92.18 | 91.98 | 95.38 | 94.64 | 94.16 | 95.68 | 93.55 | 92.13 | 95.51 | 94.58 | 96.00 |
| Potato | **87.8** | 33.10 | 56.54 | 76.17 | 89.30 | 91.98 | 96.41 | 97.02 | 97.81 | 97.84 | 97.85 | 94.88 | 99.44 | 97.54 | 98.40 |
| Spinach/leek | **86.0** | 50.70 | 66.43 | 80.43 | 86.42 | 86.10 | 92.82 | 92.26 | 94.16 | 91.62 | 93.19 | 89.76 | 92.70 | 91.13 | 92.80 |
| Cauliflower/broccoli | **67.4** | 21.83 | 36.40 | 47.23 | 58.44 | 55.08 | 73.85 | 73.81 | 74.45 | 78.92 | 80.65 | 80.31 | 88.20 | 85.71 | 86.40 |
| Tomato | **64.7** | 7.04 | 8.48 | 24.26 | 49.38 | 62.57 | 72.31 | 77.98 | 85.40 | 85.68 | 87.46 | 82.28 | 89.89 | 87.68 | 91.20 |
| Lentil | **58.2** | 8.45 | 25.09 | 34.47 | 48.15 | 44.39 | 53.85 | 60.71 | 54.01 | 68.11 | 78.14 | 77.56 | 83.15 | 87.19 | 86.40 |
| Beetroot/turn ship/celery/parsnip | **17.8** | 5.63 | 11.31 | 20.00 | 25.10 | 20.32 | 26.15 | 19.64 | 29.20 | 20.81 | 18.64 | 15.35 | 10.67 | 9.36 | 13.60 |
| Vegetable soup | **15.6** | 4.93 | 8.13 | 11.91 | 20.16 | 22.46 | 22.05 | 26.79 | 16.79 | 17.30 | 15.05 | 15.75 | 12.92 | 11.82 | 11.20 |
| Cucumber | **7.3** | 0.0 | 1.06 | 2.55 | 1.23 | 3.21 | 9.74 | 4.76 | 6.57 | 9.46 | 12.19 | 15.75 | 8.43 | 11.33 | 13.60 |
| Mushroom | **6.2** | 0.0 | 0.71 | 2.13 | 0.82 | 2.67 | 8.21 | 7.74 | 13.14 | 10.81 | 8.60 | 7.48 | 7.30 | 9.36 | 8.80 |
| Radish | **2.9** | 0.0 | 0.35 | 1.28 | 0.0 | 0.53 | 2.05 | 0.0 | 1.46 | 2.97 | 6.09 | 6.30 | 3.93 | 5.91 | 9.60 |
| Salad | **2.5** | 0.0 | 1.06 | 2.55 | 4.53 | 4.28 | 3.08 | 1.19 | 2.19 | 2.70 | 2.15 | 1.57 | 3.93 | 2.46 | 3.20 |
| Asparagus | **1.3** | 0.0 | 1.06 | 1.28 | 0.82 | 1.60 | 1.54 | 2.38 | 2.92 | 1.08 | 1.79 | 1.18 | 0.56 | 2.46 | 0.0 |
| Fruit | Apple | **93.5** | 71.83 | 85.51 | 96.17 | 95.88 | 95.72 | 95.38 | 94.05 | 94.16 | 94.59 | 95.70 | 93.31 | 97.75 | 98.03 | 96.80 |
| Banana | **90.6** | 51.41 | 72.08 | 88.94 | 95.06 | 91.98 | 93.85 | 94.05 | 93.43 | 96.22 | 99.28 | 94.49 | 95.51 | 95.07 | 97.60 |
| Pear | **86.4** | 50.70 | 75.62 | 87.66 | 93.83 | 91.98 | 91.28 | 89.88 | 89.78 | 90.27 | 87.46 | 87.01 | 89.89 | 87.68 | 88.80 |
| Apricot | **83.5** | 35.92 | 60.07 | 75.74 | 84.77 | 89.30 | 89.74 | 88.69 | 87.59 | 92.43 | 91.40 | 88.19 | 92.13 | 91.63 | 92.80 |
| Red berries | **62.3** | 3.52 | 10.60 | 29.36 | 52.26 | 62.03 | 70.26 | 73.81 | 78.10 | 80.81 | 80.65 | 81.10 | 85.39 | 81.77 | 83.20 |
| Melon/watermelon | **55.4** | 7.04 | 7.77 | 20.00 | 29.63 | 37.97 | 50.77 | 54.76 | 64.96 | 72.43 | 80.65 | 83.86 | 88.76 | 89.16 | 90.40 |
| Citruses | **38.8** | 2.11 | 1.77 | 4.26 | 14.40 | 22.99 | 29.74 | 30.36 | 37.96 | 48.11 | 56.99 | 68.11 | 73.60 | 79.31 | 83.20 |
| Mango | **37.4** | 2.11 | 4.59 | 15.74 | 22.63 | 35.83 | 39.49 | 48.81 | 48.91 | 55.14 | 50.90 | 46.06 | 48.31 | 49.75 | 55.20 |
| Kiwi | **35.0** | 2.11 | 1.41 | 6.81 | 7.00 | 18.18 | 29.74 | 33.33 | 42.34 | 47.84 | 50.54 | 59.06 | 62.36 | 67.00 | 70.40 |
| Pineapple | **35.5** | 1.41 | 2.83 | 5.96 | 18.93 | 27.81 | 35.38 | 42.26 | 41.61 | 48.38 | 52.69 | 48.43 | 50.56 | 62.56 | 62.40 |
| Grape | **33.0** | 3.52 | 3.53 | 8.94 | 13.17 | 13.90 | 24.10 | 24.40 | 32.85 | 40.00 | 49.46 | 51.18 | 65.17 | 68.47 | 74.40 |
| Rhubarb | **19.4** | 1.41 | 2.47 | 1.70 | 7.00 | 10.16 | 17.44 | 26.79 | 31.39 | 38.11 | 25.09 | 22.83 | 26.40 | 28.08 | 29.60 |
| Fruit salad | **9.2** | 0.0 | 0.35 | 0.0 | 0.41 | 1.07 | 3.59 | 1.19 | 3.65 | 6.49 | 14.70 | 16.14 | 24.72 | 29.06 | 40.00 |
| Meat | Any type of meat | **76.8** | 3.52 | 11.31 | 47.66 | 72.43 | 86.10 | 90.26 | 93.45 | 93.43 | 94.32 | 96.77 | 94.49 | 97.75 | 98.03 | 98.40 |
| Ham | **72.2** | 3.52 | 10.95 | 41.28 | 66.67 | 76.47 | 82.05 | 84.52 | 81.75 | 90.27 | 93.19 | 92.91 | 95.51 | 96.55 | 92.80 |
| Sausage | **29.7** | 2.11 | 1.06 | 0.43 | 2.47 | 0.53 | 7.18 | 10.12 | 14.60 | 25.68 | 53.05 | 64.57 | 78.09 | 84.73 | 85.60 |
| Nugget | **18.8** | 0.70 | 0.0 | 0.43 | 0.82 | 0.53 | 2.56 | 3.57 | 7.30 | 9.19 | 26.88 | 42.91 | 51.69 | 68.97 | 69.60 |
| Dry sausage | **17.4** | 0.70 | 0.71 | 0.0 | 1.23 | 1.07 | 2.05 | 3.57 | 5.84 | 9.46 | 22.58 | 33.86 | 53.37 | 64.04 | 68.80 |
| Fish | Any type of fish | **68.3** | 3.52 | 7.07 | 32.34 | 58.85 | 77.54 | 84.62 | 89.29 | 88.32 | 90.81 | 89.25 | 82.28 | 85.96 | 84.73 | 82.40 |
| Canned tuna | **21.1** | 0.0 | 0.0 | 0.0 | 2.06 | 2.14 | 8.72 | 5.36 | 14.60 | 22.70 | 30.82 | 34.25 | 53.37 | 55.17 | 67.20 |
| Breaded fish | **17.0** | 0.0 | 0.35 | 0.43 | 1.23 | 1.07 | 1.54 | 3.57 | 5.11 | 8.38 | 23.66 | 35.04 | 46.63 | 61.08 | 76.00 |
| Surimi | **16.3** | 0.0 | 0.0 | 0.0 | 1.23 | 1.60 | 2.05 | 5.36 | 10.95 | 12.16 | 24.01 | 32.28 | 46.07 | 49.75 | 61.60 |
| Salmon | **13.7** | 0.70 | 1.06 | 3.40 | 5.76 | 5.35 | 5.13 | 5.95 | 7.30 | 11.35 | 21.15 | 19.69 | 31.46 | 38.92 | 48.00 |
| Shrimp | **12.1** | 0.70 | 0.0 | 0.85 | 0.41 | 1.07 | 1.03 | 2.98 | 5.84 | 7.57 | 18.28 | 22.83 | 35.39 | 41.87 | 44.80 |
| Egg | Egg | **52.8** | 2.82 | 2.47 | 8.94 | 17.28 | 32.62 | 43.59 | 48.21 | 58.39 | 74.05 | 82.44 | 89.37 | 89.89 | 94.58 | 96.00 |
| Cereals-based products | Rice/wheat/polenta | **63.2** | 7.04 | 6.71 | 14.47 | 33.33 | 51.34 | 69.74 | 74.40 | 80.29 | 86.49 | 90.32 | 90.94 | 93.26 | 95.57 | 97.60 |
| Pasta | **62.3** | 1.41 | 1.77 | 6.81 | 20.99 | 41.18 | 69.74 | 73.21 | 83.21 | 90.54 | 94.62 | 96.46 | 97.75 | 100 | 99.20 |
| Bread | **62.4** | 6.34 | 4.95 | 9.36 | 23.05 | 40.64 | 63.59 | 67.26 | 78.10 | 88.92 | 96.42 | 98.03 | 99.44 | 99.01 | 100 |
| Breakfast cereals | **17.9** | 1.41 | 1.41 | 5.53 | 4.94 | 6.95 | 3.59 | 5.95 | 8.03 | 10.81 | 26.52 | 33.86 | 41.01 | 54.19 | 66.40 |
| Cheese and dairy products | Yoghurt/white cheese | **67.2** | 7.75 | 17.67 | 39.15 | 52.26 | 60.43 | 71.79 | 72.02 | 71.53 | 84.32 | 89.25 | 92.13 | 91.01 | 93.60 | 93.60 |
| *Petit-suisse* cheese | **57.0** | 7.75 | 10.25 | 19.57 | 36.63 | 41.71 | 49.74 | 57.14 | 63.50 | 78.65 | 82.44 | 82.68 | 84.27 | 89.16 | 91.20 |
| Spread cheese | **51.7** | 4.23 | 1.77 | 6.81 | 16.87 | 21.39 | 41.54 | 54.76 | 64.23 | 72.97 | 82.80 | 87.01 | 88.20 | 91.13 | 92.80 |
| Custard | **50.0** | 4.93 | 5.30 | 17.02 | 30.04 | 39.04 | 48.72 | 47.02 | 54.74 | 57.84 | 74.19 | 79.92 | 81.46 | 77.34 | 93.60 |
| Hard cheese | **40.3** | 1.41 | 0.35 | 0.85 | 4.94 | 10.16 | 14.36 | 29.17 | 33.58 | 57.03 | 66.67 | 75.98 | 87.08 | 93.60 | 92.00 |
| Soft cheese | **31.9** | 1.41 | 0.71 | 0.43 | 5.35 | 4.28 | 16.41 | 24.40 | 24.82 | 40.54 | 50.18 | 58.66 | 69.66 | 82.27 | 76.00 |
| Miscellaneous savoury and sweet foods | Biscuit | **60.5** | 7.04 | 2.83 | 8.94 | 18.52 | 39.04 | 55.38 | 67.86 | 81.02 | 83.78 | 96.42 | 96.46 | 97.75 | 99.51 | 100 |
| Salted snacks | **30.9** | 0.70 | 1.06 | 0.0 | 1.23 | 3.74 | 4.10 | 10.12 | 14.60 | 31.08 | 54.84 | 69.69 | 79.21 | 83.25 | 90.40 |
| Pastry | **30.1** | 2.11 | 0.35 | 0.43 | 1.23 | 2.67 | 7.69 | 11.31 | 14.60 | 30.54 | 51.61 | 68.90 | 78.09 | 77.83 | 84.80 |
| Chocolate | **23.1** | 0.70 | 0.0 | 1.28 | 1.23 | 4.28 | 5.64 | 5.95 | 11.68 | 16.76 | 31.18 | 48.43 | 64.04 | 75.86 | 80.80 |
| Candies | **12.4** | 0.70 | 0.0 | 0.0 | 0.41 | 1.60 | 2.05 | 0.60 | 4.38 | 2.70 | 13.26 | 23.62 | 34.83 | 50.25 | 68.80 |