### Supplementary Tables

*Table 1 Fecal Quality*: Fecal quality was recorded daily during the trial using a seven-point scale with a score of 1 representing firm, hard feces and a score of 7 representing liquid diarrhea. On this scale scores of 2 or 3 are ideal.

Fecal Quality Scoring System

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| Score | Description of Feces |
| 1 | Very hard and dry; requires much effort to expel from body; no residue left on ground when picked up. Often expelled as individual pellets. |
| 2 | Firm, but not hard; should be pliable; segmented appearance; little or no residue left on ground when picked up. |
| 3 | Log-like; little or no segmentation visible; moist surface; leaves residue, but holds form when picked up. |
| 4 | Very moist (soggy); distinct log shape visible; leaves residue and loses form when picked up. |
| 5 | Very moist but has distinct shape; present in piles rather than as distinct logs; leaves residue and loses form when picked up. |
| 6 | Has texture, but no defined shape; occurs as piles or as spots; leaves residue when picked up. |
| 7 | Watery, no texture, flat; occurs as puddles. |